

# 2021 HRC Summer Slam Triathlon

## Overall Results

Race Date  
July 31, 2021

### Female

Place	Name	Bib No	AG Place	Swim		Trans 1		Bike		Trans 2		Run		Total	
				Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time
1	Carol White	19	1:F Champ	8	11:20.8	28:22	0:50.3	1	38:08.5	3:11	0:53.2	1	26:27.1	5:17	1:17:40.2
2	Lacey Champlin	14	1:F 20-39	3	8:42.6	21:47	1:11.5	2	39:41.9	3:18	0:48.2	6	28:12.0	5:38	1:18:36.4
3	Taylor Lindberg	3	1:F 15-19	1	7:54.9	19:47	1:37.7	4	43:13.2	3:36	0:15.3	5	27:20.0	5:28	1:20:21.3
4	Jane Rorstrom	5	1:F Masters	2	8:02.3	20:06	1:19.5	3	40:12.4	3:21	0:24.8	7	31:48.1	6:22	1:21:47.3
5	Dayna Kocinski	18	2:F 20-39	6	11:15.6	28:09	1:37.6	5	44:30.2	3:43	0:40.5	4	26:43.2	5:21	1:24:47.2
6	Danielle Windholz	23	3:F 20-39	7	11:17.2	28:13	2:46.0	7	49:49.7	4:09	0:18.1	2	26:36.1	5:19	1:30:47.3
7	Rose Helens-Hart	28	4:F 20-39	5	10:13.6	25:34	1:37.0	6	48:50.6	4:04	0:45.7	9	37:04.8	7:25	1:38:32.0
8	Alicia Gian-Maciulis	32	5:F 20-39	4	8:53.3	22:13	2:45.7	8	1:03:25.9	5:17	0:48.8	8	34:16.6	6:51	1:50:10.4
9	Shaley Knickbocker	21	6:F 20-39	9	12:07.6	30:19	3:25.9	9	1:10:32.6	5:53	0:30.4	3	26:40.3	5:20	1:53:16.9

### Male

Place	Name	Bib No	AG Place	Swim		Trans 1		Bike		Trans 2		Run		Total	
				Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time
1	Kevin Urban	1	1:M Champ	2	7:42.2	19:16	0:37.1	1	31:13.9	2:36	0:25.9	1	19:01.9	3:48	59:01.1
2	Michael White	10	1:M Masters	5	8:48.9	22:02	0:21.1	2	31:38.2	2:38	0:25.6	2	21:20.6	4:16	1:02:34.6
3	Curtis Curtis	13	1:M 40-49	4	8:23.5	20:59	0:35.9	4	33:29.9	2:47	0:36.6	4	22:32.4	4:30	1:05:38.4
4	Sean Rodger	12	2:M 40-49	6	8:50.4	22:06	0:48.5	3	33:10.3	2:46	0:47.4	6	23:27.0	4:41	1:07:03.8
5	Bob Sanderson	16	1:M 70-79	10	9:50.8	24:37	1:04.9	5	34:01.8	2:50	0:44.6	7	25:28.3	5:06	1:11:10.6
6	Juan Manuel Hernandez	9	1:M 20-39	8	9:09.2	22:53	1:28.6	7	38:11.1	3:11	0:45.7	5	23:18.4	4:40	1:12:53.3
7	Dominic Hernandez	2	1:M 10-14	11	9:59.3	24:58	0:48.5	10	41:22.1	3:27	1:07.2	3	22:19.6	4:28	1:15:36.9
8	Patrick Weber	20	1:M 60-69	13	10:13.7	25:34	0:34.4	6	37:41.2	3:08	0:54.6	9	26:14.3	5:15	1:15:38.4
9	John Christensen	7	2:M 20-39	1	7:18.5	18:16	2:24.0	8	39:06.5	3:16	0:37.1	12	27:38.7	5:32	1:17:04.9
10	Ryder Eakin	11	3:M 20-39	3	8:12.5	20:31	1:48.0	9	41:18.5	3:27	0:43.2	8	25:52.4	5:10	1:17:54.8
11	Caleb Brill	15	4:M 20-39	9	9:46.0	24:25	1:38.9	12	43:17.7	3:36	0:42.3	10	27:26.6	5:29	1:22:51.6
12	Chris Kocinski	22	5:M 20-39	17	13:00.2	32:31	1:17.8	11	42:55.7	3:35	0:23.4	11	27:34.4	5:31	1:25:11.7
13	Jerol DeBoer	24	1:M 50-59	16	12:57.9	32:25	2:22.9	14	47:27.6	3:57	0:25.7	13	30:24.4	6:05	1:33:38.7
14	Dillon Stum	31	6:M 20-39	15	12:38.9	31:37	1:46.1	13	44:41.2	3:43	0:34.2	16	35:42.0	7:08	1:35:22.6
15	Butch Post	29	2:M 60-69	12	10:08.7	25:22	2:31.7	15	53:08.0	4:26	1:38.7	15	34:13.8	6:51	1:41:41.1
16	Nick Knickerbocker	27	7:M 20-39	7	8:57.4	22:24	2:34.3	17	59:16.9	4:56	0:55.6	14	33:55.1	6:47	1:45:39.6
17	David Sachleben	17	2:M 70-79	14	10:53.4	27:14	2:57.2	16	56:05.0	4:40	2:10.1	17	48:18.6	9:40	2:00:24.6

### Team Tri

Place	Name	Bib No	AG Place	Swim		Trans 1		Bike		Trans 2		Run		Total	
				Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time
1	Tri-Our-best!	101	1:F Mixed	1	6:33.9	16:25	0:32.5	1	36:24.6	3:02	0:10.8	2	23:56.4	4:47	1:07:38.4
2	Worth A Tri	100	2:F Mixed	2	7:40.0	19:10	0:50.1	2	42:05.1	3:30	0:11.1	1	22:02.7	4:25	1:12:49.2