

2022 HRC Free Spirit

Race Date

September 17, 2022

Overall Finish List**5k**

Overall	Name	City	Bib No	Age	Gen	Time	Pace
1	Thaydon Maclas	Coldwater KS	70	12	M	22:16.0	4:27/K
2	Sean Nixon	Hays KS	47	34	M	23:08.0	4:38/K
3	Nolan Schmeidler	Victoria KS	52	38	M	25:45.0	5:09/K
4	Jarett Schmeidler	Hays KS	42	41	M	25:53.0	5:11/K
5	Devin Rohleder		75	35	M	26:18.0	5:16/K
6	Qiang Li	Hays KS	31	48	M	29:05.0	5:49/K
7	Sarah Patterson	Hays KS	25	37	F	30:03.6	6:01/K
8	Haley Nixon	Hays KS	46	31	F	30:16.9	6:03/K
9	Tasha Eichman	Zurich KS	13	33	F	33:46.4	6:45/K
10	Tammy Slayton	Hays KS	71	61	F	36:24.4	7:17/K
11	Ruthann Snodgrass	Larned KS	28	38	F	39:30.6	7:54/K
12	Erika Scoby	Hays KS	65	43	F	47:46.4	9:33/K
13	Rebecca Meder	Hays KS	66	33	F	47:46.7	9:33/K

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10k

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gen</u>	<u>Time</u>	<u>Pace</u>
1	Eva Junk	Hays KS	76	56	F	57:56.6	5:48/K
2	Dustin Snodgrass	Larned KS	29	42	M	1:12:39.8	7:16/K
3	Bev Exposito	Hutchinson KS	1	65	F	1:17:40.3	7:46/K
4	Laurie Donovan	La Crosse KS	2	43	F	1:17:40.4	7:46/K