

LAURA'S RACE AGAINST CANCER  
5K & 10K RUN  
Garden City, KS October 2, 2010

<b>5K WOMEN</b>	<b>Ave Mile Pace</b>	<b>TOTAL TIME</b>
1 JESSICA ROGERS	04:56.4	30:41.6
2 KAREN MURRELL	05:10.4	32:08.5
3 PATTY KNOLL	05:14.7	32:35.3
4 STACEY KING	05:32.2	34:23.8
5 LETICIA RODRIGUEZ	05:44.8	35:42.1
6 MAYRA CRUZ	05:44.8	35:42.4
7 ELIZABETH MANGIN	06:00.4	37:19.2
8 AMBER HANDS	06:06.6	37:57.7
9 RACHAEL GRAY	06:31.0	40:29.4
10 JESSICA REGAN	07:04.3	43:56.4
11 MISSY ALLEN	07:31.3	46:44.0
12 KIM FISHER	08:04.8	50:12.0
13 KARLA PAMMENTER	08:05.0	50:13.2
14 DEBI DEAL	08:10.0	50:44.6
15 KATIE UNBER	08:10.1	50:44.9

<b>10K WOMEN</b>		
1 MARY WHITE	07:27.2	46:18.6
2 JAIME ELLIS	07:51.7	48:50.8
3 HEATHER HOLSTEIN	07:55.3	49:13.2
4 LISA WINEINGER	08:14.7	51:13.7
5 TRACY JOHNSON	08:28.4	52:38.5
6 COURTNEY GROBLE	09:03.4	56:16.3
7 ROXIE SCHAUER	09:05.3	56:28.2
8 PAIGE KRAUS	09:09.2	56:52.3
9 TRISH KELLER	09:29.7	58:59.5
10 CLARICE KOHLHORST	09:34.9	59:31.8
11 AMBER MILLER	09:38.9	59:56.6
12 ROCHELLE CLOWER	09:46.2	1:00:42
13 CHRISTY BRIGGS	10:18.9	1:04:06
14 ANGIE ENLOT	10:19.8	1:04:11
15 DIANA PENA	10:19.8	1:04:11
16 LINDA LYNCH	10:29.7	1:05:13
17 TERRI SWANN	10:42.1	1:06:30
18 TIETGEN GWEN	10:42.1	1:06:30
19 SHAJIA AHMAD	11:01.3	1:08:29
20 JENNIFER ANDERSON	11:28.5	1:11:18
21 RYAN ANDERSON	11:28.8	1:11:20

**5K MEN**

1	JAMIE DELGADO	03:27.0	21:26.1
2	JOEY RAMOS	04:32.8	28:15.1
3	MATT ALLEN	04:35.6	28:32.2
4	JERRIE BROOKS	06:00.4	37:18.9

**10K MEN**

1	DEREK ALGRIM	05:58.3	37:06.0
2	ALEX GRANADOS	05:59.1	37:11.1
3	JAKE BERNASKY	06:39.4	41:21.3
4	CHRIS CAMPBELL	06:53.2	42:47.1
5	ISEDRIG VNERIO	07:27.1	46:17.7
6	JOE PENA	07:37.9	47:25.3
7	ROGER UNRUH	07:40.5	47:41.1
8	JASON MAJORS	07:45.3	48:11.1
9	JEFF HUGHES	08:21.9	51:58.6
10	DOUG KELLER	08:30.2	52:50.1
11	MICHAEL POPEJOY	08:32.1	53:01.7
12	MARK LYNCH	08:35.8	53:25.0
13	MARK VERHOFF	09:06.6	56:36.0
14	MIKE HOWLAND	09:09.8	56:56.0
15	CHRIS UEBMAN	09:39.0	59:57.2
16	EMERY SWAGERTY	11:22.1	1:10:38