

SCHEDULE OF EVENTS:

MULTI – EVENTS

Day Two – Friday, June 22, 2018

All events will be contested approximately 30 minutes after the preceding event is completed.



		Boys									Girls								
		9 years	10 years	11 years	12 years	13 years	14 years	15-16 years	17-18 years	9 years	10 years	11 years	12 years	13 years	14 years	15-16 years	17-18 years		
Time	Event																		
9:00AM	Heptathlon: LJ #1, Javelin, 800M Run															X	X		
	Decathlon: 110M Hurdles, Discus, Pole Vault, Javelin, 1500M Run							X	X										
9:15AM	Pentathlon: 80M Hurdles, LJ#1, SP #1, HJ #1, 1500M Run			X	X														
9:30AM	Pentathlon: 80M Hurdles, HJ #2, SP #1, LJ#1, 800M Run											X	X						
10:00AM	Pentathlon: 100M Hurdles, LJ#1, SP #1, HJ #1, 1500M Run					X	X												
10:15AM	Pentathlon: 100M Hurdles, HJ #2, SP #1, LJ#1, 800M Run													X	X				
3:30PM	Triathlon: SP #1, HJ #1, 400M Dash	X	X																
3:30PM	Triathlon: SP #2, HJ #2, 200M Dash									X	X								

SCHEDULE OF EVENTS: TRACK & FIELD EVENTS

Day Two – Friday, June 22, 2018

All Running Events will start at the designated time listed each day All events, with the exception of the 100M Dash and 200M Dash, will be contested as

Timed Finals.



		Girls										Boys													
		U8	9 years	10 years		11 years	12 years		13 years	14 years		15-16 years	17-18 years	U8	9 years	10 years		11 years	12 years		13 years	14 years		15-16 years	17-18 years
Time	Event																								
3:00 PM	Triple Jump (Girls first, then Boys in each Age Group)								X	X		X	X								X	X		X	X
6:30 PM	1500M Racewalk (All Age Groups Combined)		X	X		X	X							X	X		X	X							
	3000M Racewalk (All Age Groups Combined)								X	X		X	X								X	X		X	X
	2000 Steeplechase: Girls first, then Boys											X	X											X	X
	Turbo-Javelin (630 pm)		1st	2nd		3rd	4th							1st	2nd		3rd	4th							

SCHEDULE OF EVENTS: TRACK EVENTS

Day Three – Saturday, June 23, 2018

All events, with the exception of the 100M Dash and 200M Dash, will be contested as **Timed Finals**. A Lunch Break will be taken after the 100M Dash Prelims or near the noon hour.

		Girls										Boys														
		U8	9 years	10 years		11 years	12 years		13 years	14 years		15-16 years	17-18 years	U8	9 years	10 years		11 years	12 years		13 years	14 years		15-16 years	17-18 years	
Time	Event																									
9:00 AM	3000M Run (Age Groups may be combined)					X	X		X	X		X	X					X	X		X	X		X	X	
	110M Hurdles																							X	X	
	100M Hurdles								X	X		X	X								X	X				
	80M Hurdles					X	X											X	X							
	100M Dash Prelim (Top 8 Advance to Finals)	X	X	X		X	X		X	X		X	X	X	X	X		X	X		X	X		X	X	
	400M Dash TIMED FINAL	X	X	X		X	X		X	X		X	X	X	X	X		X	X		X	X		X	X	
	200M Hurdles TIMED FINAL								X	X											X	X				
	400M Hurdles TIMED FINAL												X	X										X	X	
	200M Dash Prelim (Top 8 Advance to Finals)	X	X	X		X	X		X	X		X	X	X	X	X		X	X		X	X		X	X	
	4x800 M Relay (Age Groups combined by gender)						X			X		X	X					X			X		X	X		

SCHEDULE OF EVENTS: FIELD EVENTS

Day Four – Sunday, June 24, 2018

All Field Events will begin at 8:00 AM and follow a rolling schedule. For example: Shot Put Ring #1 will start with Primary Girls followed by Sub-Bantam Boys, Sub-Bantam Girls, Sub-Midget Girls, and Sub-Midget Boys. Listen to announcements for calls to your Field Event. Any athlete who does not check-in before their designated flight starts will be scratched from the event. Field Event athletes who have a conflict with a running event will be released by the Field Event official – ONLY - at the appropriate time. Field Event athletes will have 10 minutes to report back to their Field Event after their running event and be ready to compete.

Long Jump, Triple Jump, Shot Put, Discus and Javelin will be contested with three preliminary jumps or throws and the top 8 will qualify for the finals with three additional jumps or throws.

DT – Discus JAV – Javelin HJ (#) – High Jump (Pit)LJ(#) – Long Jump (Pit) SP(#) – Shot Put (Ring) PV – Pole Vault

Event	Girls										Boys											
	U8	9 Years	10 Years	11 Years	12 Years	13 Years	14 Years	15 -16 Years	17 - 18 Years	U8	9 Years	10 Years	11 Years	12 Years	13 Years	14 Years	15 - 16 Years	17 - 18 Years				
LJ1						4 th	1 st		2 nd	3 rd												
LJ2																4 th	1 st		2 nd	3 rd		
HJ1		1 st	2 nd		3 rd	4 th																
HJ2												1 st	2 nd		3 rd	4 th						
SP1	1 st	2 nd	3 rd		4 th																	
SP2											1 st	2 nd	3 rd		4 th							
DT									6 th	5 th							4 th	3 rd		2 nd	1 st	
Javelin							7 th	5 th		3 rd	1 st							8 th	6 th		4 th	2 nd
PV							1 st	2 nd		3 rd	4 th							5 th	6 th		7 th	8 th