

# 2019 NJCAA Division I Track and Field Schedule of Events

Thursday, May 16<sup>th</sup>

## Combined Events

9:00 AM.....Women's Combined Event's  
(100m Hurd. - HJ- SP-200M)  
9:15 AM.....Men's Combined Event's  
(100m- LJ-SP-HJ-400M)

## Field Events

1:00 PM.....Women's Hammer- Trial & Final  
1:00 PM.....Men's Long Jump- Trial & Final  
1:00 PM.....Women's Pole Vault- Final  
4:00 PM.....Men's Hammer- Trial & Final  
4:00 PM.....Women's Long Jump- Trial & Final  
5:00 PM.....Men's Pole Vault- Final

## Running Events

7:00 PM.....Women's 4 x 800 Meter Relay- Final  
7:15 PM.....Men's 4 x 800 Meter Relay- Final  
7:30 PM.....Women's 4 x 100 Meter Relay- Trials  
7:45 PM.....Men's 4 x 100 Meter Relay- Trials  
8:00 PM.....Women's 400m Hurdles- Prelims  
8:15 PM.....Men's 400m Hurdles- Prelims  
8:30 PM.....Women's 400 Meter Dash- Prelims  
8:45 PM.....Men's 400 Meter Dash- Prelims  
9:00 PM.....Women's 10,000m- Final  
9:50 PM.....Men's 10,000m – Final

Friday, May 17<sup>th</sup>

## Combined Events

9:00 AM.....Men's Combined Events  
(110 HH-Disc-PV-Jav-1500M)  
9:30 AM.....Women's Combined Event's  
(LJ-Jav-800M)

## Field Events

11:00 AM.....Men's High Jump- Finals  
1:00 PM.....Men's Discus- Trials & Finals  
2:00 PM.....Women's High Jump- Finals  
5:00 PM.....Women's Discus- Trials & Finals

## Running Events

1:00 PM.....Women's 1500 Meter- Prelims  
1:15 PM.....Men's 1500 Meter- Prelims  
1:40 PM.....Women's 100-Meter Hurdles-Prelims  
2:05 PM.....Men's 110-Meter Hurdles- Prelims  
2:30 PM.....Women's 100-Meter Dash- Prelims  
2:50 PM.....Men's 100- Meter Dash- Prelims

3:10 PM.....Women's 800 Meter Run- Prelims  
3:30 PM.....Men's 800 Meter Dash- Prelims  
3:50 PM.....Women's 200 Meter Dash- Prelims  
4:05 PM.....Men's 200 Meter Dash- Prelims  
4:30 PM.....Women's Steeplechase- Final  
4:50 PM.....Men's Steeplechase- Final  
5:10 PM..Women's 4 x 400 Meter Relay- Prelims  
5:25 PM.....Men's 4 x 400 Meter Relay- Prelims

Saturday, May 18<sup>th</sup>

## Field Events

10:00 AM.....Men's Javelin- Trials & Finals  
10:00 AM.....Women's Shot Put- Trials & Finals  
11:00 AM..Women's Triple Jump- Trials & Finals  
1:00 PM.....Women's Javelin – Trials & Finals  
1:00 PM.....Men's Shot Put- Trials & Finals  
1:30 PM.....Men's Triple Jump- Trials & Finals

## Running Events

Noon.....National Anthem  
12:30 PM.... Women's 4x 100 Meter Relay- Final  
12:40 PM..... Men's 4 x 100 Meter Relay- Final  
12:50 PM.....Women's 1500 Meter- Final  
1:00 PM.....Men's 1500 Meter- Final  
1:10 PM.....Women's 400- Meter- Final  
1:20 PM.....Men's 400- Meter- Final  
1:35 PM.....Women's 100-Meter Hurdles- Final  
1:45 PM.....Men's 110-Meter Hurdles- Final  
2:00 PM.....Women's 100- Meter- Final  
2:10 PM.....Men's 100-Meter- Final  
2:20 PM.....Women's 800- Meter- Final  
2:30 PM.....Men's 800- Meter- Final  
2:45 PM.....Women's 400 Meter Hurdles – Final  
2:55 PM.....Men's 400 Meter Hurdles – Final  
3:10 PM.....Women's 200 Meter- Final  
3:15 PM.....Men's 200 Meter – Final  
3:25 PM.....Women's 5000 Meter- Final  
3:50 PM.....Men's 5000 Meter – Final  
4:15 PM.....Women's 4 x 400 Meter Relay- Final  
4:25 PM.....Men's 4 x 400 Meter Relay – Final  
4:55 PM.....Awards Presentation