

# NCAA DIVISION II CENTRAL REGION CROSS COUNTRY CHAMPIONSHIPS

Joplin, MO  
Missouri Southern  
Host: Missouri Southern State University  
Saturday, November 9, 2019

## MEET OFFICIALS

Meet Director:  
Jared Bruggeman  
Timing:  
Dennis Weber/Heartland Timing



OFFICIAL MEET REPORT  
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**Race #1**  
**WOMEN • 6 Kilometers (3.73 Miles)**

## Final Results

### TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 AUGUSTANA (S.D.)	41	3-7-8-10-13(15)(27)	1:48:12	21:39	0:19.9
2 U-MARY	50	1-2-11-17-19(20)(24)	1:47:06	21:26	1:52.2
3 PITTSBURG ST.	185	6-14-33-48-84(135)(206)	1:52:16	22:28	1:46.6
4 WINONA STATE	190	21-26-29-43-71(85)(190)	1:52:29	22:30	1:03.3
5 OKLAHOMA BAPTIST	204	22-39-41-49-53(133)(176)	1:53:13	22:39	0:48.5
6 MINNESOTA STATE	205	23-30-44-50-58(178)(191)	1:53:06	22:38	0:50.0
7 MINOT STATE	249	35-37-57-59-61(115)(134)	1:54:14	22:51	0:22.7
8 MISSOURI SOUTHERN	256	18-25-63-69-81(86)(98)	1:53:39	22:44	1:24.5
9 MINNESOTA-DULUTH	258	34-45-51-52-76(80)(87)	1:54:18	22:52	0:37.2
10 EAST CENTRAL	277	4-12-74-82-105(118)(126)	1:53:45	22:45	2:21.7
11 NEBRASKA-KEARNEY	306	9-28-31-113-125(148)(165)	1:54:59	23:00	2:44.1
12 CENTRAL MISSOURI	309	5-40-83-89-92(147)	1:54:55	22:59	2:01.5
13 FORT HAYS ST.	371	36-42-79-102-112(136)(153)	1:56:33	23:19	1:23.9
14 ST. CLOUD STATE	436	16-77-88-94-161(163)(179)	1:57:27	23:30	3:21.3
15 HARDING	465	62-70-103-114-116(121)(154)	1:58:14	23:39	1:11.4
16 SIOUX FALLS	470	54-93-106-108-109(117)(144)	1:58:24	23:41	1:03.3
17 CONCORDIA-ST. PAUL	485	60-66-95-123-141(156)(171)	1:58:55	23:47	1:44.1
18 MISSOURI WESTERN	504	55-78-90-129-152	1:59:17	23:52	2:03.0
19 EMPORIA ST.	509	56-96-104-122-131(139)(146)	1:59:32	23:55	1:36.8
20 WASHBURN	525	32-64-75-159-195(208)	1:59:50	23:58	3:21.9
21 NORTHERN STATE	533	91-97-99-101-145(175)	1:59:50	23:58	1:09.7
22 MSU-MOORHEAD	588	46-119-127-138-158(186)	2:01:21	24:17	2:18.2
23 ARKANSAS TECH	593	67-73-124-162-167	2:01:07	24:14	2:11.0
24 WAYNE STATE (NEB.)	594	68-111-130-142-143(160)(166)	2:01:05	24:13	1:38.6
25 BEMIDJI STATE	662	47-128-150-157-180(196)(212)	2:02:44	24:33	2:37.1
26 NW MISSOURI	690	38-100-169-183-200	2:03:38	24:44	3:36.5
27 SOUTHEASTERN OKLAH	710	110-137-140-155-168(174)(188)	2:03:37	24:44	1:16.1
28 SOUTHERN ARKANSAS	762	65-132-184-189-192(197)(204)	2:04:43	24:57	2:48.8
29 UPPER IOWA	780	72-151-172-182-203	2:05:19	25:04	3:17.1
30 ROGERS STATE	826	120-164-170-185-187(199)(201)	2:06:16	25:16	1:23.6
31 SOUTHERN NAZARENE	863	107-149-198-202-207(210)(211)	2:08:04	25:37	2:49.5
32 NORTHWESTERN OKLAH	918	173-177-181-193-194(205)(209)	2:07:58	25:36	0:33.4

### INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 Ida Narbuvoll	SR	442	U-MARY	1	20:08.2	---	5:23.9	3:21.4
2 Kayla Ogle	FR	443	U-MARY	2	21:23.0	1:13.8	5:44.0	3:33.8
3 Nicolette Schmidt	SO	23	AUGUSTANA (S.D.)	3	21:25.4	1:17.2	5:44.6	3:34.2
4 ANNA MORA	SR	86	EAST CENTRAL	4	21:32.8	1:24.6	5:46.6	3:35.5

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
5 Risper Mengich	FR	46	CENTRAL MISSOU	5	21:35.8	1:27.6	5:47.4	3:36.0
6 Piper Misse	SR	339	PITTSBURG ST.	6	21:38.1	1:29.9	5:48.0	3:36.3
7 Rebekah Rairdon	JR	21	AUGUSTANA (S.D.	7	21:39.3	1:31.1	5:48.3	3:36.5
8 Rachel Rairdon	JR	20	AUGUSTANA (S.D.	8	21:39.8	1:31.6	5:48.5	3:36.6
9 Destiny Reinke	JR	255	NEBRASKA-KEAR	9	21:40.9	1:32.7	5:48.7	3:36.8
10 Claire Boersma	JR	16	AUGUSTANA (S.D.	10	21:42.1	1:33.9	5:49.1	3:37.0
11 Starlynn Costa	SO	436	U-MARY	11	21:43.2	1:35.0	5:49.4	3:37.2
12 AALIYAH REGG-WAJID	JR	88	EAST CENTRAL	12	21:43.6	1:35.4	5:49.5	3:37.3
13 Cait Savey	SO	22	AUGUSTANA (S.D.	13	21:45.2	1:37.0	5:49.9	3:37.5
14 Cassidy Westhoff	JR	341	PITTSBURG ST.	14	21:48.4	1:40.2	5:50.8	3:38.1
15 Patty Jo English	FR	17	AUGUSTANA (S.D.	(15)	21:48.8	1:40.6	5:50.9	3:38.1
16 Chrissy Lofgren	SR	424	ST. CLOUD STATE	16	21:49.3	1:41.1	5:51.0	3:38.2
17 Lacey Feist-Young	JR	438	U-MARY	17	21:50.6	1:42.4	5:51.4	3:38.4
18 Kelie Henderson	SO	208	MISSOURI SOUTH	18	21:57.1	1:48.9	5:53.1	3:39.5
19 Taylor Hestekin	SO	441	U-MARY	19	22:00.3	1:52.1	5:54.0	3:40.0
20 Kiran Green	FR	440	U-MARY	(20)	22:01.3	1:53.1	5:54.2	3:40.2
21 Nicole Kelley	FR	497	WINONA STATE	21	22:03.0	1:53.8	5:54.7	3:40.5
22 Jana Le Roux	FR	314	OKLAHOMA BAPTI	22	22:04.2	1:56.0	5:55.0	3:40.7
23 Carisa Weyenberg	JR	162	MINNESOTA STAT	23	22:06.9	1:58.7	5:55.7	3:41.2
24 Kate Fox	FR	439	U-MARY	(24)	22:08.0	1:58.8	5:56.0	3:41.3
25 Julianna Determan	JR	204	MISSOURI SOUTH	25	22:12.3	2:04.1	5:57.2	3:42.0
26 Nikki Staffen	SR	503	WINONA STATE	26	22:14.3	2:06.1	5:57.7	3:42.4
27 Haylee Waterfall	SO	24	AUGUSTANA (S.D.	(27)	22:16.3	2:08.1	5:58.2	3:42.7
28 Maddie Bach	JR	247	NEBRASKA-KEAR	28	22:20.3	2:12.1	5:59.3	3:43.4
29 Olivia Anger	SR	494	WINONA STATE	29	22:21.0	2:11.8	5:59.5	3:43.5
30 Allyssa Reeves	FR	160	MINNESOTA STAT	30	22:23.8	2:15.6	6:00.3	3:44.0
31 Zoe Ritz	JR	256	NEBRASKA-KEAR	31	22:30.3	2:22.1	6:02.0	3:45.0
32 Sierra Mortensen	JR	469	WASHBURN	32	22:32.9	2:24.7	6:02.7	3:45.5
33 Hannah Honeyman	SO	337	PITTSBURG ST.	33	22:34.4	2:26.2	6:03.1	3:45.7
34 Mackenzie Hall	SO	174	MINNESOTA-DULU	34	22:34.9	2:26.7	6:03.2	3:45.8
35 Whitney Hanson	FR	189	MINOT STATE	35	22:37.0	2:27.8	6:03.8	3:46.2
36 Brooke Navarro	FR	120	FORT HAYS ST.	36	22:38.2	2:30.0	6:04.1	3:46.4
37 Ashley Franco	FR	188	MINOT STATE	37	22:42.0	2:32.8	6:05.1	3:47.0
38 Caroline Ross	SO	301	NW MISSOURI	38	22:42.4	2:34.2	6:05.3	3:47.1
39 Kayla McGruder	FR	315	OKLAHOMA BAPTI	39	22:42.7	2:34.5	6:05.3	3:47.1
40 Mariah Elmore	JR	45	CENTRAL MISSOU	40	22:43.0	2:33.8	6:05.4	3:47.2
41 Berkley Price	SO	317	OKLAHOMA BAPTI	41	22:43.0	2:33.8	6:05.4	3:47.2
42 Abigail Stewart	SO	124	FORT HAYS ST.	42	22:43.2	2:35.0	6:05.5	3:47.2
43 Natalie Nowatzke	SO	499	WINONA STATE	43	22:44.6	2:36.4	6:05.8	3:47.4
44 Ivy Glade	JR	157	MINNESOTA STAT	44	22:47.4	2:39.2	6:06.6	3:47.9
45 Morgan Radel	SO	177	MINNESOTA-DULU	45	22:48.2	2:40.0	6:06.8	3:48.0
46 Lakyla Yazzie	FR	236	MSU-MOORHEAD	46	22:48.7	2:40.5	6:06.9	3:48.1
47 Ryne Prigge	SO	30	BEMIDJI STATE	47	22:48.9	2:40.7	6:07.0	3:48.1
48 Kari Blattner	SR	333	PITTSBURG ST.	48	22:49.8	2:41.6	6:07.2	3:48.3
49 Allison Derry	JR	311	OKLAHOMA BAPTI	49	22:49.8	2:41.6	6:07.2	3:48.3
50 Amanda Montplaisir	SO	159	MINNESOTA STAT	50	22:50.8	2:42.6	6:07.5	3:48.5

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
51 Alexandra Robran	SO	179	MINNESOTA-DULU	51	22:51.2	2:43.0	6:07.6	3:48.5
52 Melissa Drenckhahn	JR	173	MINNESOTA-DULU	52	22:51.4	2:43.2	6:07.6	3:48.6
53 Tesa Potter	SR	316	OKLAHOMA BAPTI	53	22:52.6	2:44.4	6:08.0	3:48.8
54 Montana Belford	SR	354	SIOUX FALLS	54	22:55.5	2:47.3	6:08.7	3:49.2
55 Megan Gillen	JR	218	MISSOURI WESTE	55	22:55.7	2:47.5	6:08.8	3:49.3
56 Sarah Schaar	FR	105	EMPORIA ST.	56	22:55.7	2:47.5	6:08.8	3:49.3
57 Abigail McGee	JR	192	MINOT STATE	57	22:56.3	2:48.1	6:09.0	3:49.4
58 MaKenna Thurston	FR	161	MINNESOTA STAT	58	22:56.9	2:48.7	6:09.1	3:49.5
59 Nina Arias	JR	186	MINOT STATE	59	22:58.6	2:50.4	6:09.6	3:49.8
60 Lucia Mesfin	SO	69	CONCORDIA-ST. P	60	22:59.1	2:50.9	6:09.7	3:49.8
61 Lauren Reeves	SO	194	MINOT STATE	61	22:59.7	2:51.5	6:09.9	3:49.9
62 Sydney Tabor	SO	146	HARDING	62	23:00.5	2:52.3	6:10.1	3:50.1
63 Danielle Prince	JR	211	MISSOURI SOUTH	63	23:02.1	2:53.9	6:10.5	3:50.3
64 Lily Johnson	SO	468	WASHBURN	64	23:03.0	2:53.8	6:10.8	3:50.5
65 Carley Hale	JR	381	SOUTHERN ARKA	65	23:03.2	2:55.0	6:10.8	3:50.5
66 Kara Lindberg	JR	68	CONCORDIA-ST. P	66	23:03.4	2:55.2	6:10.9	3:50.6
67 Aubre Gilreath	JR	2	ARKANSAS TECH	67	23:04.5	2:56.3	6:11.2	3:50.7
68 Jade Rickard	FR	484	WAYNE STATE (N	68	23:05.1	2:56.9	6:11.3	3:50.8
69 Alice Evans	SO	205	MISSOURI SOUTH	69	23:06.1	2:57.9	6:11.6	3:51.0
70 Nieves Megias	FR	140	HARDING	70	23:06.2	2:58.0	6:11.6	3:51.0
71 Alli Hendrickson	SO	496	WINONA STATE	71	23:06.3	2:58.1	6:11.6	3:51.0
72 Emerson Turner	FR	322	OUACHITA BAPTI	-	23:07.0	2:57.8	6:11.8	3:51.2
73 Madison Brownrigg	JR	449	UPPER IOWA	72	23:09.0	2:59.8	6:12.4	3:51.5
74 Halle Gilreath	JR	3	ARKANSAS TECH	73	23:11.0	3:01.8	6:12.9	3:51.8
75 KAITLYN TERBUSH	SR	90	EAST CENTRAL	74	23:11.6	3:03.4	6:13.1	3:51.9
76 Kaylee Snell	SR	471	WASHBURN	75	23:11.8	3:03.6	6:13.1	3:52.0
77 Haleigh Reindl	SO	178	MINNESOTA-DULU	76	23:12.1	3:03.9	6:13.2	3:52.0
78 Cheresa Bouley	FR	420	ST. CLOUD STATE	77	23:12.8	3:04.6	6:13.4	3:52.1
79 Klair Gibson	SR	507	NEWMAN	-	23:14.9	3:06.7	6:14.0	3:52.5
80 Claire Reedy	JR	222	MISSOURI WESTE	78	23:17.1	3:08.9	6:14.5	3:52.8
81 Tessa Durnell	SR	119	FORT HAYS ST.	79	23:17.9	3:09.7	6:14.8	3:53.0
82 Elizabeth Schlafke	SR	180	MINNESOTA-DULU	(80)	23:18.2	3:10.0	6:14.8	3:53.0
83 Maegen Derfelt	FR	203	MISSOURI SOUTH	81	23:21.6	3:13.4	6:15.7	3:53.6
84 BARBARA JOHNSON	JR	84	EAST CENTRAL	82	23:22.6	3:14.4	6:16.0	3:53.8
85 Kimberlee Sewester	JR	49	CENTRAL MISSOU	83	23:24.2	3:16.0	6:16.4	3:54.0
86 Andrea Chestnut	JR	334	PITTSBURG ST.	84	23:24.6	3:16.4	6:16.6	3:54.1
87 Katie Lorenz	JR	498	WINONA STATE	(85)	23:25.0	3:15.8	6:16.7	3:54.2
88 Janna Hautala	JR	207	MISSOURI SOUTH	(86)	23:30.6	3:22.4	6:18.2	3:55.1
89 Elizabeth Kyes	JR	175	MINNESOTA-DULU	(87)	23:31.9	3:23.7	6:18.5	3:55.3
90 Autum Shurbert-Hetzel	SR	425	ST. CLOUD STATE	88	23:32.9	3:24.7	6:18.8	3:55.5
91 Makenzie Stucker	FR	51	CENTRAL MISSOU	89	23:34.8	3:26.6	6:19.3	3:55.8
92 Kelsey Cox	JR	219	MISSOURI WESTE	90	23:35.9	3:27.7	6:19.6	3:56.0
93 Megan Mooberry	SO	269	NORTHERN STAT	91	23:36.4	3:28.2	6:19.7	3:56.1
94 Kenzie Bergman	FR	43	CENTRAL MISSOU	92	23:37.3	3:29.1	6:20.0	3:56.2
95 Lauren Wells	FR	361	SIOUX FALLS	93	23:37.7	3:29.5	6:20.1	3:56.3
96 Kassye Todd	SO	426	ST. CLOUD STATE	94	23:41.0	3:31.8	6:20.9	3:56.8

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97 Elena Schmidt	FR	71	CONCORDIA-ST. P	95	23:45.2	3:37.0	6:22.1	3:57.5
98 Hannah Showalter	SO	106	EMPORIA ST.	96	23:45.6	3:37.4	6:22.2	3:57.6
99 Madison Leapaldt	SR	267	NORTHERN STAT	97	23:46.8	3:38.6	6:22.5	3:57.8
100 Mady Gepford	JR	206	MISSOURI SOUTH	(98)	23:47.7	3:39.5	6:22.8	3:57.9
101 Livia Wallace	JR	271	NORTHERN STAT	99	23:49.5	3:41.3	6:23.2	3:58.2
102 Keely Danielsen	SO	296	NW MISSOURI	100	23:50.9	3:42.7	6:23.6	3:58.5
103 Victoria Kolbinger	FR	266	NORTHERN STAT	101	23:51.0	3:41.8	6:23.6	3:58.5
104 Averi Wilson	SO	127	FORT HAYS ST.	102	23:51.6	3:43.4	6:23.8	3:58.6
105 Jada Trice	FR	147	HARDING	103	23:52.2	3:44.0	6:24.0	3:58.7
106 Lauren Nutting	JR	510	NEWMAN	-	23:53.4	3:45.2	6:24.3	3:58.9
107 Kaitlyn Karjala	SO	103	EMPORIA ST.	104	23:54.3	3:46.1	6:24.5	3:59.0
108 KYLEIGH NORRIS	JR	87	EAST CENTRAL	105	23:54.4	3:46.2	6:24.6	3:59.1
109 Sarina Lindell	SO	355	SIOUX FALLS	106	23:54.5	3:46.3	6:24.6	3:59.1
110 Sabbatha Taylor	FR	399	SOUTHERN NAZA	107	23:56.4	3:48.2	6:25.1	3:59.4
111 Annika Aho	FR	352	SIOUX FALLS	108	23:57.2	3:49.0	6:25.3	3:59.5
112 Maria Streed	SO	359	SIOUX FALLS	109	23:58.7	3:50.5	6:25.7	3:59.8
113 Rebekah Christman	SR	362	SOUTHEASTERN	110	24:00.5	3:52.3	6:26.2	4:00.1
114 Allie Rosener	SO	485	WAYNE STATE (N	111	24:01.0	3:51.8	6:26.3	4:00.2
115 Emily Salmans	SO	123	FORT HAYS ST.	112	24:02.0	3:52.8	6:26.6	4:00.3
116 Kennedy Krejdl	SO	251	NEBRASKA-KEAR	113	24:02.7	3:54.5	6:26.8	4:00.4
117 Madison Smith	FR	144	HARDING	114	24:03.3	3:55.1	6:26.9	4:00.5
118 Andrea Franco	FR	187	MINOT STATE	(115)	24:09.1	4:00.9	6:28.5	4:01.5
119 Molly Passmore	FR	141	HARDING	116	24:11.9	4:03.7	6:29.2	4:02.0
120 Karlee Simmons	FR	358	SIOUX FALLS	(117)	24:13.5	4:05.3	6:29.7	4:02.3
121 ABBIE WINCHESTER	SR	92	EAST CENTRAL	(118)	24:17.4	4:09.2	6:30.7	4:02.9
122 Lindsey Werner	FR	235	MSU-MOORHEAD	119	24:21.4	4:13.2	6:31.8	4:03.6
123 Brianna DeAngelis	FR	518	ROGERS STATE	120	24:21.6	4:13.4	6:31.8	4:03.6
124 Kyndal Moyer	SO	321	OUACHITA BAPTI	-	24:22.7	4:14.5	6:32.1	4:03.8
125 Parker Fane	SR	139	HARDING	(121)	24:23.0	4:13.8	6:32.2	4:03.8
126 Joanna Strecker	JR	107	EMPORIA ST.	122	24:23.8	4:15.6	6:32.4	4:04.0
127 Tasha Bennett	SR	63	CONCORDIA-ST. P	123	24:24.1	4:15.9	6:32.5	4:04.0
128 Lauryn Doublet	JR	1	ARKANSAS TECH	124	24:24.6	4:16.4	6:32.6	4:04.1
129 Allie Frasher	FR	249	NEBRASKA-KEAR	125	24:24.9	4:16.7	6:32.7	4:04.1
130 MICHELLE RENTERIA	SR	89	EAST CENTRAL	(126)	24:25.2	4:17.0	6:32.8	4:04.2
131 Andrea Wells	SO	234	MSU-MOORHEAD	127	24:26.3	4:18.1	6:33.1	4:04.4
132 Kristen Petron	SR	29	BEMIDJI STATE	128	24:27.2	4:19.0	6:33.3	4:04.5
133 Emilee Endsley	SO	506	NEWMAN	-	24:29.4	4:21.2	6:33.9	4:04.9
134 Mackenzie Miller	FR	221	MISSOURI WESTE	129	24:29.8	4:21.6	6:34.0	4:05.0
135 Andrea Torres	SO	486	WAYNE STATE (N	130	24:31.0	4:21.8	6:34.4	4:05.2
136 Makenzie Tucker	FR	108	EMPORIA ST.	131	24:32.5	4:24.3	6:34.8	4:05.4
137 Karly Anderson	JR	378	SOUTHERN ARKA	132	24:33.3	4:25.1	6:35.0	4:05.5
138 Alexzandria Jaimz	SO	312	OKLAHOMA BAPTI	(133)	24:34.1	4:25.9	6:35.2	4:05.7
139 Alicia Murillo	FR	193	MINOT STATE	(134)	24:34.3	4:26.1	6:35.2	4:05.7
140 Kelsey Kinkade	SO	338	PITTSBURG ST.	(135)	24:34.5	4:26.3	6:35.3	4:05.7
141 Carson Pierce	SO	122	FORT HAYS ST.	(136)	24:35.7	4:27.5	6:35.6	4:05.9
142 Skye Summers	JR	369	SOUTHEASTERN	137	24:37.6	4:29.4	6:36.1	4:06.3

# NCAA DIVISION II CENTRAL REGION CROSS COUNTRY CHAMPIONSHIPS

Joplin, MO  
Missouri Southern  
Host: Missouri Southern State University  
Saturday, November 9, 2019

## MEET OFFICIALS

Meet Director:  
Jared Bruggeman  
Timing:  
Dennis Weber/Heartland Timing



OFFICIAL MEET REPORT  
printed: 11/9/2019 12:13 PM

### Race #1 WOMEN • 6 Kilometers (3.73 Miles)

## Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
143 McKenzie Maki	FR	232	MSU-MOORHEAD	138	24:38.0	4:28.8	6:36.2	4:06.3
144 Nora Wheatley	JR	109	EMPORIA ST.	(139)	24:39.8	4:31.6	6:36.7	4:06.6
145 Regan Ramos	SO	365	SOUTHEASTERN	140	24:40.7	4:32.5	6:37.0	4:06.8
146 Lydia Carr	SR	65	CONCORDIA-ST. P	141	24:43.1	4:34.9	6:37.6	4:07.2
147 Brianna Crouch	JR	480	WAYNE STATE (N	142	24:43.7	4:35.5	6:37.8	4:07.3
148 Kim Johnson	JR	482	WAYNE STATE (N	143	24:43.7	4:35.5	6:37.8	4:07.3
149 Cassidy O'Meara	FR	356	SIOUX FALLS	(144)	24:43.7	4:35.5	6:37.8	4:07.3
150 Jennifer Clark	SO	265	NORTHERN STAT	145	24:46.0	4:37.8	6:38.4	4:07.7
151 Linnea Meier	SO	104	EMPORIA ST.	(146)	24:47.6	4:39.4	6:38.8	4:07.9
152 Claire Myers	SO	47	CENTRAL MISSOU	(147)	24:51.3	4:43.1	6:39.8	4:08.5
153 Sinclair Fiala	SO	248	NEBRASKA-KEAR	(148)	24:52.9	4:44.7	6:40.2	4:08.8
154 Madalyn Harper	SO	396	SOUTHERN NAZA	149	24:54.0	4:44.8	6:40.5	4:09.0
155 Mackenzie Evans	FR	26	BEMIDJI STATE	150	24:56.3	4:48.1	6:41.1	4:09.4
156 Serianna Dehmlow	SO	450	UPPER IOWA	151	24:56.6	4:48.4	6:41.2	4:09.4
157 Paige Kvale	SO	220	MISSOURI WESTE	152	24:58.6	4:50.4	6:41.8	4:09.8
158 Mya Navarro	SO	121	FORT HAYS ST.	(153)	24:59.7	4:51.5	6:42.1	4:10.0
159 Sydney Sanders	SR	143	HARDING	(154)	25:01.0	4:51.8	6:42.4	4:10.2
160 Jorie Beaumont	JR	319	OUACHITA BAPTI	-	25:01.4	4:53.2	6:42.5	4:10.2
161 Lindsay Klasek	JR	364	SOUTHEASTERN	155	25:01.8	4:53.6	6:42.6	4:10.3
162 Maria Brown	JR	64	CONCORDIA-ST. P	(156)	25:02.4	4:54.2	6:42.8	4:10.4
163 Lily Johnson	FR	28	BEMIDJI STATE	157	25:05.7	4:57.5	6:43.7	4:10.9
164 Caleigh Anderson	SO	230	MSU-MOORHEAD	158	25:06.8	4:58.6	6:44.0	4:11.1
165 Dulce Ayala Chanez	FR	465	WASHBURN	159	25:07.7	4:59.5	6:44.2	4:11.3
166 Marin Jetensky	SO	481	WAYNE STATE (N	(160)	25:08.3	5:00.1	6:44.4	4:11.4
167 Annika Juenemann	SO	422	ST. CLOUD STATE	161	25:10.6	5:02.4	6:45.0	4:11.8
168 Chloee Richard	JR	4	ARKANSAS TECH	162	25:11.4	5:03.2	6:45.2	4:11.9
169 Clara Welhouse	SO	427	ST. CLOUD STATE	(163)	25:11.7	5:03.5	6:45.3	4:11.9
170 Avery Buck	JR	514	ROGERS STATE	164	25:12.8	5:04.6	6:45.6	4:12.1
171 Hannah Pollan	FR	254	NEBRASKA-KEAR	(165)	25:14.1	5:05.9	6:45.9	4:12.3
172 Alex Bauer	FR	479	WAYNE STATE (N	(166)	25:14.6	5:06.4	6:46.0	4:12.4
173 Halle Stringer	FR	5	ARKANSAS TECH	167	25:15.4	5:07.2	6:46.3	4:12.6
174 Amanda Rodriguez	FR	366	SOUTHEASTERN	168	25:16.5	5:08.3	6:46.6	4:12.8
175 Shayleigh James	JR	300	NW MISSOURI	169	25:18.4	5:10.2	6:47.1	4:13.1
176 Rylan McCord	FR	522	ROGERS STATE	170	25:19.5	5:11.3	6:47.4	4:13.2
177 Samantha Cole	SO	66	CONCORDIA-ST. P	(171)	25:20.1	5:11.9	6:47.5	4:13.3
178 Christonna Shafranski	JR	454	UPPER IOWA	172	25:20.3	5:12.1	6:47.6	4:13.4
179 Camille Lear	SO	283	NORTHWESTERN	173	25:20.5	5:12.3	6:47.6	4:13.4
180 Megan Rose	SO	367	SOUTHEASTERN	(174)	25:20.8	5:12.6	6:47.7	4:13.5
181 Abberly McLaughlin	JR	268	NORTHERN STAT	(175)	25:24.1	5:15.9	6:48.6	4:14.0
182 Shane Rebekah Rinner	FR	318	OKLAHOMA BAPTI	(176)	25:24.1	5:15.9	6:48.6	4:14.0
183 Madison Meyer	FR	285	NORTHWESTERN	177	25:24.6	5:16.4	6:48.7	4:14.1
184 Skylar Bragg	FR	156	MINNESOTA STAT	(178)	25:24.8	5:16.6	6:48.8	4:14.1
185 Jamie Herridge	JR	421	ST. CLOUD STATE	(179)	25:25.4	5:17.2	6:48.9	4:14.2
186 Emma Realing	FR	31	BEMIDJI STATE	180	25:25.9	5:17.7	6:49.1	4:14.3
187 Mariah Malloy	FR	284	NORTHWESTERN	181	25:26.1	5:17.9	6:49.1	4:14.3
188 Ashley Donovan	FR	451	UPPER IOWA	182	25:26.8	5:18.6	6:49.3	4:14.5

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### Race #1 WOMEN • 6 Kilometers (3.73 Miles)

## Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
189 Erinn Fitzgerald	JR	297	NW MISSOURI	183	25:27.0	5:17.8	6:49.4	4:14.5
190 Alyssa Dohm	SO	379	SOUTHERN ARKA	184	25:27.2	5:19.0	6:49.4	4:14.5
191 Madeline Caruthers	FR	516	ROGERS STATE	185	25:36.7	5:28.5	6:52.0	4:16.1
192 Megan Kucera	JR	231	MSU-MOORHEAD	(186)	25:44.4	5:36.2	6:54.0	4:17.4
193 Gloria Butts	FR	515	ROGERS STATE	187	25:45.1	5:36.9	6:54.2	4:17.5
194 Jacy Springer	FR	368	SOUTHEASTERN	(188)	25:45.4	5:37.2	6:54.3	4:17.6
195 Paige Loehding	FR	383	SOUTHERN ARKA	189	25:46.8	5:38.6	6:54.7	4:17.8
196 Anna Rogahn	SR	502	WINONA STATE	(190)	25:49.4	5:41.2	6:55.4	4:18.2
197 Jaylynn Lauer	SR	158	MINNESOTA STAT	(191)	25:51.2	5:43.0	6:55.9	4:18.5
198 Alyssa Solis	SO	385	SOUTHERN ARKA	192	25:51.9	5:43.7	6:56.0	4:18.6
199 Jasmin Garcia	FR	281	NORTHWESTERN	193	25:52.7	5:44.5	6:56.3	4:18.8
200 Jessalyn Rivet-Tissot	SR	287	NORTHWESTERN	194	25:53.8	5:45.6	6:56.6	4:19.0
201 Kelsie Dent	FR	467	WASHBURN	195	25:54.7	5:46.5	6:56.8	4:19.1
202 Ashley Herdering	JR	27	BEMIDJI STATE	(196)	25:56.8	5:48.6	6:57.4	4:19.5
203 Kendall Hays	FR	382	SOUTHERN ARKA	(197)	26:01.0	5:51.8	6:58.5	4:20.2
204 Emma Green	SR	395	SOUTHERN NAZA	198	26:04.3	5:56.1	6:59.4	4:20.7
205 Elizabeth Reidlinger	JR	527	ROGERS STATE	(199)	26:06.1	5:57.9	6:59.8	4:21.0
206 Caroline Williams	FR	513	NEWMAN	-	26:08.4	6:00.2	7:00.5	4:21.4
207 Amaya Hernandez	FR	299	NW MISSOURI	200	26:18.9	6:10.7	7:03.3	4:23.1
208 Tayler Lee	JR	521	ROGERS STATE	(201)	26:19.4	6:11.2	7:03.4	4:23.2
209 Rachel Hurtz	SR	397	SOUTHERN NAZA	202	26:23.6	6:15.4	7:04.5	4:23.9
210 Sidney Schnor	SO	453	UPPER IOWA	203	26:26.0	6:17.8	7:05.2	4:24.3
211 Taryn Bewley	SO	320	OUACHITA BAPTI	-	26:28.5	6:20.3	7:05.9	4:24.7
212 Cecilia Quesada	SO	384	SOUTHERN ARKA	(204)	26:29.8	6:21.6	7:06.2	4:25.0
213 Briley Yunker	FR	288	NORTHWESTERN	(205)	26:33.9	6:25.7	7:07.3	4:25.6
214 Halle Helfrich	JR	336	PITTSBURG ST.	(206)	26:36.8	6:28.6	7:08.1	4:26.1
215 Olivia Cavanaugh	FR	393	SOUTHERN NAZA	207	26:45.9	6:37.7	7:10.5	4:27.6
216 Stacy Briggs	FR	466	WASHBURN	(208)	27:14.4	7:06.2	7:18.2	4:32.4
217 Zoe Moorman	FR	286	NORTHWESTERN	(209)	27:55.7	7:47.5	7:29.2	4:39.3
218 Lauryn Downs	FR	394	SOUTHERN NAZA	(210)	28:21.8	8:13.6	7:36.2	4:43.6
219 Madi Nortune	JR	398	SOUTHERN NAZA	(211)	29:05.7	8:57.5	7:48.0	4:50.9
220 Carissa Decko	JR	25	BEMIDJI STATE	(212)	41:06.0	20:56.8	11:01.1	6:51.0
-- Rebecca Warden	SO	400	SOUTHERN NAZA	-	DNF		---	---
-- Kathryn Sistrunk	SR	233	MSU-MOORHEAD	-	DNS		---	---
-- Cynthia Togom	FR	52	CENTRAL MISSOU	-	DNF		---	---

# NCAA DIVISION II CENTRAL REGION CROSS COUNTRY CHAMPIONSHIPS

Joplin, MO  
Missouri Southern  
Host: Missouri Southern State University  
Saturday, November 9, 2019

## MEET OFFICIALS

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Timing:  
Dennis Weber/Heartland Timing



OFFICIAL MEET REPORT  
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**Race #2**  
**MEN • 10 Kilometers (6.21 Miles)**

## Final Results

### TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 MISSOURI SOUTHERN	52	1-8-10-13-20(51)(84)	2:32:57	30:36	2:09.9
2 NW MISSOURI	64	2-6-9-18-29(117)(132)	2:33:47	30:46	2:07.2
3 AUGUSTANA (S.D.)	76	3-12-14-21-26(30)(54)	2:35:26	31:06	1:24.4
4 FORT HAYS ST.	144	19-22-24-33-46(49)(64)	2:38:19	31:40	0:44.2
5 SIOUX FALLS	146	4-5-16-59-62(96)(111)	2:36:48	31:22	2:14.5
6 NEBRASKA-KEARNEY	183	11-23-37-52-60(88)(92)	2:39:07	31:50	1:35.3
7 U-MARY	189	17-27-32-38-75(86)(123)	2:39:31	31:55	1:34.9
8 MSU-MOORHEAD	245	7-39-48-58-93(128)(169)	2:40:25	32:05	2:46.8
9 PITTSBURG ST.	254	36-41-47-61-69(71)(115)	2:41:15	32:15	0:50.3
10 MINNESOTA-DULUTH	317	42-55-56-81-83(90)(119)	2:42:55	32:35	1:00.9
11 CONCORDIA-ST. PAUL	338	44-63-66-80-85(112)(166)	2:43:17	32:40	0:58.2
12 CENTRAL MISSOURI	359	15-43-91-101-109(116)(135)	2:43:34	32:43	2:26.1
13 OKLAHOMA BAPTIST	420	28-89-94-103-106(107)(157)	2:45:08	33:02	1:50.7
14 EMPORIA ST.	427	25-50-100-122-130(136)(155)	2:45:21	33:05	2:39.1
15 WINONA STATE	429	34-68-104-110-113(163)	2:45:28	33:06	1:54.4
16 MISSOURI WESTERN	437	31-65-70-118-153	2:46:33	33:19	3:40.8
17 MINNESOTA STATE	455	40-73-76-129-137(161)(168)	2:46:23	33:17	2:32.7
18 EAST CENTRAL	457	57-74-79-105-142(160)	2:46:34	33:19	2:27.2
19 WASHBURN	526	35-99-108-133-151(156)(174)	2:48:33	33:43	3:35.2
20 ROGERS STATE	527	45-82-121-134-145(154)(172)	2:48:28	33:42	3:01.3
21 HARDING	532	78-98-102-114-140(159)(173)	2:48:12	33:39	1:51.0
22 NORTHERN STATE	545	53-77-124-139-152(158)	2:49:18	33:52	3:06.7
23 MINOT STATE	582	67-87-120-138-170	2:50:52	34:11	3:58.3
24 WAYNE STATE (NEB.)	638*	97-126-131-141-143(150)(162)	2:51:32	34:19	1:33.6
25 NORTHWESTERN OKLAH	638*	72-127-144-147-148(164)(171)	2:52:38	34:32	2:33.1
26 SOUTHERN NAZARENE	709	95-125-149-165-175(177)(178)	2:55:58	35:12	3:45.9
27 UPPER IOWA	848	146-167-176-179-180	3:10:35	38:07	5:54.6

#### \*Tiebreakers

Wayne State (Neb.) (638)  
Northwestern Oklahoma (638)

4 L-W-W-W-W  
1 W-L-L-L-L

### INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. KM
1 Gidieon Kimutai	SO	196	MISSOURI SOUTH	1	29:14.5	---	4:42.5	2:55.4
2 Jhordan Ccope	JR	290	NW MISSOURI	2	29:38.1	23.6	4:46.3	2:57.8
3 Aaron Runge	SR	12	AUGUSTANA (S.D.)	3	30:13.3	58.8	4:52.0	3:01.3
4 Mason Phillips	SR	350	SIOUX FALLS	4	30:17.1	1:02.6	4:52.6	3:01.7
5 Steven Brown	SR	344	SIOUX FALLS	5	30:18.7	1:04.2	4:52.9	3:01.9
6 Augustine Lisoreng	JR	294	NW MISSOURI	6	30:25.9	1:11.4	4:54.0	3:02.6

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### Race #2 MEN • 10 Kilometers (6.21 Miles)

## Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
7 Nadir Yusuf	SR	229	MSU-MOORHEAD	7	30:29.5	1:15.0	4:54.6	3:02.9
8 Nickson Kiptoo	SR	197	MISSOURI SOUTH	8	30:35.5	1:21.0	4:55.6	3:03.5
9 Karim Achengli	SR	289	NW MISSOURI	9	30:37.0	1:21.5	4:55.8	3:03.7
10 Ryan Riddle	SO	201	MISSOURI SOUTH	10	30:48.3	1:33.8	4:57.6	3:04.8
11 Corbin Hansen	SR	240	NEBRASKA-KEAR	11	30:52.2	1:37.7	4:58.3	3:05.2
12 Jesus Urtusuastegui	SR	15	AUGUSTANA (S.D.	12	30:53.9	1:39.4	4:58.5	3:05.4
13 Cody Berry	SR	195	MISSOURI SOUTH	13	30:54.7	1:40.2	4:58.7	3:05.5
14 Austin Miller	JR	10	AUGUSTANA (S.D.	14	31:11.6	1:57.1	5:01.4	3:07.2
15 Ben Sporleder	SR	41	CENTRAL MISSOU	15	31:12.6	1:58.1	5:01.5	3:07.3
16 Zach Lundberg	SR	347	SIOUX FALLS	16	31:13.6	1:59.1	5:01.7	3:07.4
17 Jesse Kaas	SO	431	U-MARY	17	31:15.1	2:00.6	5:01.9	3:07.5
18 Mike Lagat	JR	293	NW MISSOURI	18	31:20.6	2:06.1	5:02.8	3:08.1
19 Reed Rome	SR	116	FORT HAYS ST.	19	31:21.4	2:06.9	5:03.0	3:08.1
20 Jared Ozee	JR	199	MISSOURI SOUTH	20	31:24.3	2:09.8	5:03.4	3:08.4
21 Nathan Schroeder	SR	13	AUGUSTANA (S.D.	21	31:28.9	2:14.4	5:04.2	3:08.9
22 Israel Barco	SR	110	FORT HAYS ST.	22	31:30.5	2:16.0	5:04.4	3:09.0
23 Luke Stuckey	SO	243	NEBRASKA-KEAR	23	31:30.6	2:16.1	5:04.4	3:09.1
24 Seppe van 't Westende	SR	118	FORT HAYS ST.	24	31:30.8	2:16.3	5:04.5	3:09.1
25 Matthew Maki	SO	97	EMPORIA ST.	25	31:34.4	2:19.9	5:05.1	3:09.4
26 Skylar DeJong	SR	6	AUGUSTANA (S.D.	26	31:37.7	2:23.2	5:05.6	3:09.8
27 Dawson Strom	FR	434	U-MARY	27	31:40.9	2:26.4	5:06.1	3:10.1
28 Noah Eskew	SO	308	OKLAHOMA BAPTI	28	31:42.0	2:26.5	5:06.3	3:10.2
29 Jake Norris	SO	295	NW MISSOURI	29	31:45.3	2:30.8	5:06.8	3:10.5
30 Henry Klitzke	SO	8	AUGUSTANA (S.D.	(30)	31:46.1	2:31.6	5:06.9	3:10.6
31 Riley Gorham	SO	212	MISSOURI WESTE	31	31:49.2	2:34.7	5:07.4	3:10.9
32 Timothy Moore	SO	432	U-MARY	32	31:49.3	2:34.8	5:07.4	3:10.9
33 Justin Moore	SR	115	FORT HAYS ST.	33	31:50.5	2:36.0	5:07.6	3:11.0
34 Josh Jarpey	SO	488	WINONA STATE	34	31:50.8	2:36.3	5:07.7	3:11.1
35 David Kibet	FR	461	WASHBURN	35	31:51.0	2:36.5	5:07.7	3:11.1
36 Nathan Jones	SO	326	PITTSBURG ST.	36	31:53.0	2:37.5	5:08.0	3:11.3
37 Tyler Williams	SO	245	NEBRASKA-KEAR	37	31:55.1	2:40.6	5:08.4	3:11.5
38 Harrison Bentzel	SR	428	U-MARY	38	31:55.4	2:40.9	5:08.4	3:11.5
39 Nick Marshall	JR	225	MSU-MOORHEAD	39	31:59.2	2:44.7	5:09.0	3:11.9
40 Tanner Maier	FR	150	MINNESOTA STAT	40	32:00.2	2:45.7	5:09.2	3:12.0
41 Donte Howard	JR	325	PITTSBURG ST.	41	32:00.9	2:46.4	5:09.3	3:12.1
42 Cole Lebourgeois	JR	167	MINNESOTA-DULU	42	32:01.4	2:46.9	5:09.4	3:12.1
43 Nick Victor	JR	42	CENTRAL MISSOU	43	32:02.4	2:47.9	5:09.6	3:12.2
44 Benjamin Allen	SR	53	CONCORDIA-ST. P	44	32:04.2	2:49.7	5:09.9	3:12.4
45 Nick Williams	SR	529	ROGERS STATE	45	32:05.2	2:50.7	5:10.0	3:12.5
46 Robbie Schmidt	JR	117	FORT HAYS ST.	46	32:05.6	2:51.1	5:10.1	3:12.6
47 Bryce Grahn	JR	324	PITTSBURG ST.	47	32:06.8	2:52.3	5:10.3	3:12.7
48 Logan Spooner	JR	228	MSU-MOORHEAD	48	32:13.3	2:58.8	5:11.3	3:13.3
49 Peter Franklin	SR	112	FORT HAYS ST.	(49)	32:15.8	3:01.3	5:11.7	3:13.6
50 Gabe Sams	SR	100	EMPORIA ST.	50	32:18.2	3:03.7	5:12.1	3:13.8
51 Kevin Koester	SO	198	MISSOURI SOUTH	(51)	32:19.4	3:04.9	5:12.3	3:13.9
52 Nate Pierce	JR	242	NEBRASKA-KEAR	52	32:21.2	3:06.7	5:12.6	3:14.1



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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. KM
53 Alex Ultreras	JR	512	NEWMAN	-	32:22.3	3:07.8	5:12.8	3:14.2
54 Riccardo Done	SR	260	NORTHERN STAT	53	32:23.1	3:08.6	5:12.9	3:14.3
55 Matt Steiger	SO	14	AUGUSTANA (S.D.	(54)	32:24.4	3:09.9	5:13.1	3:14.4
56 Jake Kluver	SR	165	MINNESOTA-DULU	55	32:24.4	3:09.9	5:13.1	3:14.4
57 Matthew Trutna	SO	172	MINNESOTA-DULU	56	32:26.0	3:11.5	5:13.4	3:14.6
58 EMMANUEL BETT	FR	73	EAST CENTRAL	57	32:26.1	3:11.6	5:13.4	3:14.6
59 Carson Speicher	SO	227	MSU-MOORHEAD	58	32:26.3	3:11.8	5:13.4	3:14.6
60 Daniel Armstrong	SR	342	SIOUX FALLS	59	32:26.7	3:12.2	5:13.5	3:14.7
61 Ben Arens	FR	237	NEBRASKA-KEAR	60	32:27.5	3:13.0	5:13.6	3:14.7
62 Connar Southard	SO	330	PITTSBURG ST.	61	32:31.3	3:16.8	5:14.2	3:15.1
63 Billy Beseman	SR	343	SIOUX FALLS	62	32:31.6	3:17.1	5:14.3	3:15.2
64 Cole Oslin	SR	59	CONCORDIA-ST. P	63	32:32.7	3:18.2	5:14.4	3:15.3
65 Kaleb Crum	JR	111	FORT HAYS ST.	(64)	32:34.9	3:20.4	5:14.8	3:15.5
66 Ian Kibet	FR	213	MISSOURI WESTE	65	32:37.9	3:23.4	5:15.3	3:15.8
67 Tyler Hudson	SR	56	CONCORDIA-ST. P	66	32:39.5	3:25.0	5:15.5	3:15.9
68 Jacob Jensen	FR	183	MINOT STATE	67	32:41.7	3:27.2	5:15.9	3:16.2
69 Ross Stevensen	JR	490	WINONA STATE	68	32:43.0	3:27.5	5:16.1	3:16.3
70 Nicholas Ray	JR	329	PITTSBURG ST.	69	32:43.2	3:28.7	5:16.1	3:16.3
71 Andrew Wright	SO	216	MISSOURI WESTE	70	32:44.4	3:29.9	5:16.3	3:16.4
72 Ben Kahnk	SO	327	PITTSBURG ST.	(71)	32:44.6	3:30.1	5:16.4	3:16.5
73 Garrison Blanton	JR	273	NORTHWESTERN	72	32:45.9	3:31.4	5:16.6	3:16.6
74 Parker Huhn	FR	149	MINNESOTA STAT	73	32:46.5	3:32.0	5:16.7	3:16.6
75 ELIUD KOECH	SR	76	EAST CENTRAL	74	32:49.8	3:35.3	5:17.2	3:17.0
76 Samuel Wilke	SR	435	U-MARY	75	32:49.9	3:35.4	5:17.2	3:17.0
77 Nathan Fox	FR	148	MINNESOTA STAT	76	32:50.3	3:35.8	5:17.3	3:17.0
78 Jackson Harrison	SO	261	NORTHERN STAT	77	32:51.6	3:37.1	5:17.5	3:17.2
79 Zach Reed	FR	136	HARDING	78	32:52.1	3:37.6	5:17.6	3:17.2
80 CARSON SANDVIK	SO	80	EAST CENTRAL	79	32:54.2	3:39.7	5:17.9	3:17.4
81 Zeke Green	JR	55	CONCORDIA-ST. P	80	32:58.2	3:43.7	5:18.5	3:17.8
82 Jonathan Tostenson	SO	171	MINNESOTA-DULU	81	33:01.0	3:45.5	5:19.0	3:18.1
83 Byrun Ratliff	JR	526	ROGERS STATE	82	33:01.7	3:47.2	5:19.1	3:18.2
84 Nick Jacobson	FR	164	MINNESOTA-DULU	83	33:02.2	3:47.7	5:19.2	3:18.2
85 Josh Webb	SR	202	MISSOURI SOUTH	(84)	33:02.3	3:47.8	5:19.2	3:18.2
86 Scott Burazin	JR	54	CONCORDIA-ST. P	85	33:02.4	3:47.9	5:19.2	3:18.2
87 Alex de la Maza	FR	429	U-MARY	(86)	33:02.7	3:48.2	5:19.3	3:18.3
88 Landon Dunlap	FR	181	MINOT STATE	87	33:04.2	3:49.7	5:19.5	3:18.4
89 Justin Vrooman	SO	244	NEBRASKA-KEAR	(88)	33:05.0	3:49.5	5:19.6	3:18.5
90 Cameron Mills	SO	309	OKLAHOMA BAPTI	89	33:07.6	3:53.1	5:20.1	3:18.8
91 Kendall Hill	SR	163	MINNESOTA-DULU	(90)	33:11.1	3:56.6	5:20.6	3:19.1
92 Alex Kirk	SO	36	CENTRAL MISSOU	91	33:13.7	3:59.2	5:21.0	3:19.4
93 Tejai Clausen	JR	238	NEBRASKA-KEAR	(92)	33:15.7	4:01.2	5:21.4	3:19.6
94 Elijah Herrick	JR	224	MSU-MOORHEAD	93	33:16.2	4:01.7	5:21.4	3:19.6
95 Blake Cope	FR	304	OKLAHOMA BAPTI	94	33:17.3	4:02.8	5:21.6	3:19.7
96 Zach McAlpin	JR	391	SOUTHERN NAZA	95	33:17.9	4:03.4	5:21.7	3:19.8
97 Shodo Mahamed	SO	348	SIOUX FALLS	(96)	33:19.5	4:05.0	5:22.0	3:19.9
98 Bailey Peckham	JR	478	WAYNE STATE (N	97	33:20.0	4:04.5	5:22.0	3:20.0

# NCAA DIVISION II CENTRAL REGION CROSS COUNTRY CHAMPIONSHIPS

Joplin, MO  
Missouri Southern  
Host: Missouri Southern State University  
Saturday, November 9, 2019

## MEET OFFICIALS

Meet Director:  
Jared Bruggeman  
Timing:  
Dennis Weber/Heartland Timing



OFFICIAL MEET REPORT  
printed: 11/9/2019 12:13 PM

### Race #2 MEN • 10 Kilometers (6.21 Miles)

## Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
99 Keneth Chehelgo	JR	130	HARDING	98	33:21.1	4:06.6	5:22.2	3:20.1
100 Brett Kulp	FR	462	WASHBURN	99	33:21.4	4:06.9	5:22.3	3:20.1
101 Connor Young	FR	102	EMPORIA ST.	100	33:21.4	4:06.9	5:22.3	3:20.1
102 Jared Mentz	JR	39	CENTRAL MISSOU	101	33:26.1	4:11.6	5:23.0	3:20.6
103 Dylan Douglas	SO	132	HARDING	102	33:28.4	4:13.9	5:23.4	3:20.8
104 DeAngelo Robles	SR	310	OKLAHOMA BAPTI	103	33:28.8	4:14.3	5:23.5	3:20.9
105 Micah Warning	SR	493	WINONA STATE	104	33:30.0	4:14.5	5:23.7	3:21.0
106 CARSON HUGHES	FR	75	EAST CENTRAL	105	33:30.3	4:15.8	5:23.7	3:21.0
107 Steven Clark	FR	303	OKLAHOMA BAPTI	106	33:32.6	4:18.1	5:24.1	3:21.3
108 Jarrett Ellis	JR	306	OKLAHOMA BAPTI	(107)	33:34.4	4:19.9	5:24.4	3:21.4
109 Tyler Coad	SO	457	WASHBURN	108	33:35.6	4:21.1	5:24.6	3:21.6
110 Mason Marshall	FR	38	CENTRAL MISSOU	109	33:38.7	4:24.2	5:25.1	3:21.9
111 Isaiah Warning	SR	492	WINONA STATE	110	33:39.2	4:24.7	5:25.1	3:21.9
112 Wyatt Schlager	FR	351	SIOUX FALLS	(111)	33:39.4	4:24.9	5:25.2	3:21.9
113 Isaiah Winowiski	FR	62	CONCORDIA-ST. P	(112)	33:40.2	4:25.7	5:25.3	3:22.0
114 Cole Cohorst	JR	487	WINONA STATE	113	33:45.2	4:30.7	5:26.1	3:22.5
115 Jackson Pruum	FR	135	HARDING	114	33:46.9	4:32.4	5:26.4	3:22.7
116 Jacob Ewer	FR	323	PITTSBURG ST.	(115)	33:47.8	4:33.3	5:26.5	3:22.8
117 Carlos Armendariz	FR	370	SOUTHERN ARKA	-	33:48.4	4:33.9	5:26.6	3:22.8
118 Alex Philipps	SR	40	CENTRAL MISSOU	(116)	33:48.5	4:34.0	5:26.7	3:22.9
119 Kyle Drzka	FR	292	NW MISSOURI	(117)	33:49.1	4:34.6	5:26.7	3:22.9
120 Jacob Oyler	SO	215	MISSOURI WESTE	118	33:51.3	4:36.8	5:27.1	3:23.1
121 Braydon Kubat	JR	166	MINNESOTA-DULU	(119)	33:52.6	4:38.1	5:27.3	3:23.3
122 Ryan Kohler	SO	184	MINOT STATE	120	33:53.1	4:38.6	5:27.4	3:23.3
123 Jackson Stinnett	FR	528	ROGERS STATE	121	33:53.4	4:38.9	5:27.4	3:23.3
124 Jared Reinke	SR	99	EMPORIA ST.	122	33:53.6	4:39.1	5:27.5	3:23.4
125 Levi Fried	SR	430	U-MARY	(123)	33:55.2	4:40.7	5:27.7	3:23.5
126 Jalen Chase	FR	258	NORTHERN STAT	124	34:00.6	4:46.1	5:28.6	3:24.1
127 Christian Escritt	SO	387	SOUTHERN NAZA	125	34:09.9	4:55.4	5:30.1	3:25.0
128 Brock Hegarty	JR	472	WAYNE STATE (N	126	34:10.5	4:56.0	5:30.2	3:25.0
129 Kory Wilson	FR	280	NORTHWESTERN	127	34:10.9	4:56.4	5:30.2	3:25.1
130 Austin Gruenberg	SO	223	MSU-MOORHEAD	(128)	34:12.5	4:58.0	5:30.5	3:25.2
131 Ben Schmied	SO	155	MINNESOTA STAT	129	34:12.7	4:58.2	5:30.5	3:25.3
132 Lucas Shryock	SO	101	EMPORIA ST.	130	34:13.5	4:59.0	5:30.7	3:25.3
133 Dylan Kessler	SR	476	WAYNE STATE (N	131	34:14.9	5:00.4	5:30.9	3:25.5
134 Tucker Dahle	JR	291	NW MISSOURI	(132)	34:17.8	5:03.3	5:31.4	3:25.8
135 Brandon Clark	SO	456	WASHBURN	133	34:18.3	5:03.8	5:31.4	3:25.8
136 Colton Green	SR	519	ROGERS STATE	134	34:20.6	5:06.1	5:31.8	3:26.1
137 Mitch Brock	SO	33	CENTRAL MISSOU	(135)	34:23.0	5:07.5	5:32.2	3:26.3
138 Matthew Kipper	JR	96	EMPORIA ST.	(136)	34:27.1	5:12.6	5:32.9	3:26.7
139 Jason Larsen	SO	373	SOUTHERN ARKA	-	34:31.3	5:16.8	5:33.5	3:27.1
140 Isaiah Rabata	SR	153	MINNESOTA STAT	137	34:32.9	5:18.4	5:33.8	3:27.3
141 Tito Gonzalez	JR	182	MINOT STATE	138	34:32.9	5:18.4	5:33.8	3:27.3
142 Ricardo Chase	FR	259	NORTHERN STAT	139	34:32.9	5:18.4	5:33.8	3:27.3
143 Robert Kraus	SO	372	SOUTHERN ARKA	-	34:36.8	5:22.3	5:34.4	3:27.7
144 Andrew Davis	SR	131	HARDING	140	34:43.0	5:28.5	5:35.4	3:28.3

# NCAA DIVISION II CENTRAL REGION CROSS COUNTRY CHAMPIONSHIPS

Joplin, MO  
Missouri Southern  
Host: Missouri Southern State University  
Saturday, November 9, 2019

## MEET OFFICIALS

Meet Director:  
Jared Bruggeman  
Timing:  
Dennis Weber/Heartland Timing



OFFICIAL MEET REPORT  
printed: 11/9/2019 12:13 PM

**Race #2**  
**MEN • 10 Kilometers (6.21 Miles)**

# Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
145 Bryce Holcomb	SO	474	WAYNE STATE (N	141	34:53.2	5:38.7	5:37.1	3:29.3
146 ZEKARIAS PHILIPO	JR	78	EAST CENTRAL	142	34:53.3	5:38.8	5:37.1	3:29.3
147 Jakob Kemper	SO	475	WAYNE STATE (N	143	34:53.5	5:39.0	5:37.1	3:29.3
148 Deven Marshall	JR	276	NORTHWESTERN	144	35:05.2	5:50.7	5:39.0	3:30.5
149 Justin Noble	SR	524	ROGERS STATE	145	35:06.5	5:52.0	5:39.2	3:30.6
150 Micheal Alvarez	FR	504	NEWMAN	-	35:09.3	5:54.8	5:39.7	3:30.9
151 Anthony Vasquez	SO	376	SOUTHERN ARKA	-	35:10.8	5:56.3	5:39.9	3:31.1
152 Dalton Schaffer	JR	446	UPPER IOWA	146	35:15.6	6:01.1	5:40.7	3:31.6
153 Noble Buckhaults	SO	274	NORTHWESTERN	147	35:16.5	6:02.0	5:40.8	3:31.6
154 Ezekiel Kemboi	FR	509	NEWMAN	-	35:18.4	6:03.9	5:41.1	3:31.8
155 Cody Schmidt	SO	279	NORTHWESTERN	148	35:19.0	6:03.5	5:41.2	3:31.9
156 Jose Pena	SR	392	SOUTHERN NAZA	149	35:21.8	6:07.3	5:41.7	3:32.2
157 Nathan Pearson	SR	477	WAYNE STATE (N	(150)	35:23.3	6:08.8	5:41.9	3:32.3
158 Brandon Kerr	SR	460	WASHBURN	151	35:26.2	6:11.7	5:42.4	3:32.6
159 Michael Wirth	FR	264	NORTHERN STAT	152	35:29.8	6:15.3	5:43.0	3:33.0
160 Konner Larkin	SO	214	MISSOURI WESTE	153	35:29.9	6:15.4	5:43.0	3:33.0
161 Hunter Hart	FR	520	ROGERS STATE	(154)	35:32.8	6:18.3	5:43.4	3:33.3
162 Joseph Brown	FR	93	EMPORIA ST.	(155)	35:36.6	6:22.1	5:44.1	3:33.7
163 Weston Evans	SO	459	WASHBURN	(156)	35:39.0	6:23.5	5:44.4	3:33.9
164 Parker Ables	FR	302	OKLAHOMA BAPTI	(157)	35:44.2	6:29.7	5:45.3	3:34.4
165 Logan Swenson	SR	263	NORTHERN STAT	(158)	35:44.3	6:29.8	5:45.3	3:34.4
166 Kendall Townsley	FR	137	HARDING	(159)	35:45.5	6:31.0	5:45.5	3:34.5
167 JAKAVEON SHAW	SO	81	EAST CENTRAL	(160)	35:47.1	6:32.6	5:45.7	3:34.7
168 Aaron Mayfield	SO	151	MINNESOTA STAT	(161)	35:48.7	6:34.2	5:46.0	3:34.9
169 Nathan Hiemer	JR	473	WAYNE STATE (N	(162)	35:54.7	6:40.2	5:47.0	3:35.5
170 Brady Omtvedt	SO	489	WINONA STATE	(163)	36:00.7	6:46.2	5:47.9	3:36.1
171 Victor Cruz	JR	275	NORTHWESTERN	(164)	36:03.9	6:49.4	5:48.4	3:36.4
172 Taylor Hawkins	SO	389	SOUTHERN NAZA	165	36:04.1	6:49.6	5:48.5	3:36.4
173 Harry Lien	SO	57	CONCORDIA-ST. P	(166)	36:06.6	6:52.1	5:48.9	3:36.7
174 Grant Dieken	JR	444	UPPER IOWA	167	36:19.1	7:04.6	5:50.9	3:37.9
175 Elijah Salas-Arriaga	FR	511	NEWMAN	-	36:23.5	7:09.0	5:51.6	3:38.3
176 Andrew Ruiz	JR	154	MINNESOTA STAT	(168)	36:36.8	7:22.3	5:53.8	3:39.7
177 Drew Mears	JR	226	MSU-MOORHEAD	(169)	36:38.4	7:23.9	5:54.0	3:39.8
178 Nicholas Merillana	JR	185	MINOT STATE	170	36:40.0	7:24.5	5:54.3	3:40.0
179 Moises Ortega	FR	277	NORTHWESTERN	(171)	36:44.5	7:30.0	5:55.0	3:40.4
180 Tristan Owens	SR	525	ROGERS STATE	(172)	36:48.7	7:34.2	5:55.7	3:40.9
181 Tyler Harrod	FR	133	HARDING	(173)	36:56.8	7:42.3	5:57.0	3:41.7
182 Kael Ecord	FR	458	WASHBURN	(174)	37:01.2	7:46.7	5:57.7	3:42.1
183 Garrison Bluhm	SR	386	SOUTHERN NAZA	175	37:03.8	7:49.3	5:58.1	3:42.4
184 David Snider	FR	447	UPPER IOWA	176	37:10.6	7:56.1	5:59.2	3:43.1
185 Joba Fabiyi	FR	388	SOUTHERN NAZA	(177)	37:38.5	8:24.0	6:03.7	3:45.8
186 Jeremiah Martinez	FR	390	SOUTHERN NAZA	(178)	39:19.8	10:05.3	6:20.0	3:56.0
187 Zach Dingbaum	SR	445	UPPER IOWA	179	40:38.8	11:24.3	6:32.7	4:03.9
188 Samuel Thomas	FR	448	UPPER IOWA	180	41:10.2	11:55.7	6:37.8	4:07.0
-- CESAR MARTINEZ	FR	77	EAST CENTRAL	-	DNF	---	---	---
-- Lexington Hilton	FR	371	SOUTHERN ARKA	-	DNF	---	---	---

**NCAA DIVISION II CENTRAL REGION CROSS COUNTRY  
CHAMPIONSHIPS**

Joplin, MO  
Missouri Southern

Host: Missouri Southern State University  
Saturday, November 9, 2019

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**Race #2**  
**MEN • 10 Kilometers (6.21 Miles)**

**Final Results**

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
-- Caleb Varnador	SO	375	SOUTHERN ARKA	-	DNF	---	---	---
-- Nathaniel Zapata	FR	377	SOUTHERN ARKA	-	DNF	---	---	---