

COLORADO COLLEGE INVITATIONAL

Colorado Springs, CO

Colorado College

Saturday, September 14, 2019

**OFFICIAL MEET REPORT**

printed: 9/14/2019 10:09 AM

**Race #1
WOMEN • 6 Kilometers (3.73 Miles)****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 ADAMS STATE	29	2-4-5-6-12(18)	1:59:45	23:57	2:22.2
2 MSU DENVER	50	1-7-8-13-21(27)(29)	2:02:51	24:35	2:58.3
3 CSU-PUEBLO	67	3-9-10-15-30(31)(32)	2:04:56	25:00	2:48.0
4 COLORADO COLLEGE	92	14-17-19-20-22(23)(25)	2:08:13	25:39	0:18.9
5 UNA-UC-COLO. SPGS.	131	11-24-28-33-35(37)(39)	2:12:39	26:32	2:45.5
6 REGIS (COLO.)	150	16-26-34-36-38	2:17:00	27:24	3:48.4
DNP COLBY CC					
DNP COLORADO COLLEGE					
DNP TRINIDAD STATE JC					
DNP UC-COLO. SPGS.					
DNP MSU DENVER					
DNP UNA-UC-COLO. SPGS.					

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM	2K Split	4K Split
1 Alden Gruidel		97	MSU DENVER	1	22:46.3	---	6:06.3	3:47.7	7:45.4	15:28.0
2 Kianna Bonnet	JR	9	ADAMS STATE	2	22:58.0	0:12.0	6:09.4	3:49.7	7:36.3	15:19.2
3 Hailey Streff	JR	79	CSU-PUEBLO	3	23:33.7	0:47.7	6:19.0	3:55.6	7:44.5	15:36.7
4 Nicole Lawrence	FR	11	ADAMS STATE	4	23:41.0	0:55.0	6:21.0	3:56.8	7:45.4	15:44.1
5 Megan Levine	SO	12	ADAMS STATE	5	23:44.6	0:58.6	6:21.9	3:57.4	7:45.1	15:44.7
6 amalia dorion	FR	163	UNATTACHED	-	23:49.6	1:03.6	6:23.3	3:58.3	7:44.3	15:43.5
7 Amanda Foster	FR	10	ADAMS STATE	6	24:01.3	1:15.3	6:26.4	4:00.2	7:44.9	15:55.1
8 Reina Paredes	FR	166	UNATTACHED	-	24:03.8	1:17.8	6:27.1	4:00.6	7:44.7	15:41.0
9 Sheilah Cheruiyot	FR	131	TRINIDAD STATE	-	24:05.3	1:19.3	6:27.5	4:00.9	7:48.8	15:59.8
10 Vanessa Kort		101	MSU DENVER	7	24:21.6	1:35.6	6:31.8	4:03.6	7:50.0	16:00.3
11 Makenna Kemp		99	MSU DENVER	8	24:32.2	1:46.2	6:34.7	4:05.4	7:52.1	16:16.1
12 Julia Stepanova		167	UNATTACHED	-	24:35.8	1:49.8	6:35.6	4:06.0	7:46.3	16:13.7
13 Nicole Bouma	JR	74	CSU-PUEBLO	9	24:41.3	1:55.3	6:37.1	4:06.9	7:44.8	15:38.9
14 Yasmine Hernandez	SO	77	CSU-PUEBLO	10	24:47.0	2:01.0	6:38.7	4:07.8	7:54.9	16:23.9
15 hadley bell	JR	161	UNATTACHED	-	24:56.8	2:10.8	6:41.3	4:09.5	7:54.2	16:23.5
16 Emily Gentry	SO	138	UNA-UC-COLO. SP	11	25:10.2	2:24.2	6:44.9	4:11.7	7:58.8	16:37.0
17 Abigaël Kemboi	FR	25	COLBY CC	-	25:16.5	2:30.5	6:46.6	4:12.7	7:53.5	16:45.6
18 Paige Morales	FR	13	ADAMS STATE	12	25:20.1	2:34.1	6:47.5	4:13.3	7:51.8	16:30.4
19 Emma Distelrath	JR	96	MSU DENVER	13	25:26.0	2:40.0	6:49.1	4:14.3	7:52.2	16:32.6
20 Alex Davey	FR	51	COLORADO COLL	14	25:29.2	2:43.2	6:50.0	4:14.9	8:11.7	16:58.2
21 Allison VanPelt	FR	80	CSU-PUEBLO	15	25:31.9	2:45.9	6:50.7	4:15.3	8:06.0	16:53.5
22 Annika Zenk	FR	116	REGIS (COLO.)	16	25:32.5	2:46.5	6:50.8	4:15.4	8:21.1	17:06.2
23 Megan Koch	SO	54	COLORADO COLL	17	25:33.7	2:47.7	6:51.2	4:15.6	8:08.2	16:58.5
24 Erin Stonebarger	FR	14	ADAMS STATE	(18)	25:33.8	2:47.8	6:51.2	4:15.6	7:52.8	16:32.8
25 Na'ama Nevo	FR	56	COLORADO COLL	19	25:37.6	2:51.6	6:52.2	4:16.3	8:21.6	17:03.3
26 Clare Quinn	FR	59	COLORADO COLL	20	25:44.0	2:58.0	6:53.9	4:17.3	8:22.1	17:04.4
27 Jenna Howard	FR	98	MSU DENVER	21	25:44.6	2:58.6	6:54.1	4:17.4	8:18.1	17:06.4
28 Emily Dwyer	FR	52	COLORADO COLL	22	25:48.1	3:02.1	6:55.0	4:18.0	8:25.7	17:09.2

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**Race #1
WOMEN • 6 Kilometers (3.73 Miles)****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km	2K Split	4K Split
29 Claire Tobin	SR	60	COLORADO COLL	(23)	25:51.9	3:05.9	6:56.0	4:18.6	8:26.8	17:04.9
30 Elizabeth Richter	SO	141	UNA-UC-COLO. SP	24	25:54.7	3:08.7	6:56.8	4:19.1	8:32.9	17:22.8
31 Dafna Williams	FR	63	COLORADO COLL	(25)	25:55.8	3:09.8	6:57.1	4:19.3	8:25.3	17:09.5
32 Alexia Preston	SO	58	COLORADO COLL	-	26:04.0	3:18.0	6:59.3	4:20.7	8:21.6	17:09.5
33 Sarah Smagacz	JR	114	REGIS (COLO.)	26	26:05.5	3:19.5	6:59.7	4:20.9	8:21.0	17:08.9
34 Bekah Moenning	FR	102	MSU DENVER	(27)	26:07.4	3:21.4	7:00.2	4:21.2	8:34.3	17:32.9
35 Jaycie Calvert	SO	136	UNA-UC-COLO. SP	28	26:08.0	3:22.0	7:00.4	4:21.3	8:33.9	17:27.0
36 Abigail Smidt		104	MSU DENVER	(29)	26:14.2	3:28.2	7:02.0	4:22.4	8:22.4	17:30.7
37 Kendall Accetta	FR	49	COLORADO COLL	-	26:16.8	3:30.8	7:02.7	4:22.8	8:24.0	17:24.8
38 Ashlee Ferrari	FR	132	TRINIDAD STATE	-	26:19.0	3:33.0	7:03.3	4:23.2	8:20.7	17:27.5
39 Kayana Casias	SO	75	CSU-PUEBLO	30	26:21.7	3:35.7	7:04.0	4:23.6	8:21.0	17:20.1
40 Audrey Nelson	JR	55	COLORADO COLL	-	26:23.2	3:37.2	7:04.4	4:23.9	8:28.2	17:28.3
41 Ashley Polk	JR	78	CSU-PUEBLO	(31)	26:25.4	3:39.4	7:05.0	4:24.2	8:24.5	17:27.3
42 Sarah Pokelwaldt	SO	57	COLORADO COLL	-	26:29.3	3:43.3	7:06.1	4:24.9	8:32.0	17:32.3
43 Mary Baldwin	SO	130	TRINIDAD STATE	-	26:33.1	3:47.1	7:07.1	4:25.5	8:40.6	17:36.8
44 Alexandra Newman		165	UNATTACHED	-	26:35.9	3:49.9	7:07.8	4:26.0	8:36.1	17:31.9
45 Emily Gueller	SO	76	CSU-PUEBLO	(32)	26:47.1	4:01.1	7:10.9	4:27.8	8:25.2	17:27.6
46 Jenny Smith	JR	134	UC-COLO. SPGS.	-	26:59.5	4:13.5	7:14.2	4:29.9	8:36.4	17:50.8
47 Calla Dexheimer	SO	137	UNA-UC-COLO. SP	33	27:30.3	4:44.3	7:22.4	4:35.0	9:17.3	18:23.8
48 Janey Heard		164	UNATTACHED	-	27:52.9	5:06.9	7:28.5	4:38.8	8:26.7	17:20.5
49 Theodora Zastrocky	SR	115	REGIS (COLO.)	34	27:54.7	5:08.7	7:29.0	4:39.1	8:53.2	18:30.4
50 Elizabeth Bindert	SO	135	UNA-UC-COLO. SP	35	27:55.7	5:09.7	7:29.2	4:39.3	8:36.8	18:12.7
51 Samantha Holland	SR	112	REGIS (COLO.)	36	28:06.3	5:20.3	7:32.1	4:41.0	8:53.3	18:30.5
52 Michela Hewitt	SO	139	UNA-UC-COLO. SP	(37)	28:29.9	5:43.9	7:38.4	4:45.0	9:10.7	18:52.8
53 Audra Burrall	FR	50	COLORADO COLL	-	28:37.0	5:51.0	7:40.3	4:46.2	9:16.4	18:58.6
54 Lily Sadoris	FR	113	REGIS (COLO.)	38	29:20.9	6:34.9	7:52.1	4:53.5	8:53.4	19:09.6
55 Erika Timbang	SO	142	UNA-UC-COLO. SP	(39)	29:44.0	6:58.0	7:58.3	4:57.3	9:10.5	19:24.7
56 Vanessa Roybal	JR	133	UC-COLO. SPGS.	-	29:48.7	7:02.7	7:59.5	4:58.1	9:29.5	19:49.0
57 Emma Smith	FR	28	COLBY CC	-	29:50.2	7:04.2	7:59.9	4:58.4	8:42.7	19:16.4
58 Jadelyn Rice	FR	27	COLBY CC	-	30:02.1	7:16.1	8:03.1	5:00.3	9:14.0	19:35.4
-- Claire Irigoyen	FR	53	COLORADO COLL	-	DNF	---	---	---	9:17.2	
-- lindsey Burdette		162	UNATTACHED	-	DNS	---	---	---		
-- Grace Tumavicus	FR	61	COLORADO COLL	-	DNS	---	---	---		
-- Halle White	SR	62	COLORADO COLL	-	DNS	---	---	---		
-- Ashten Loeks	SO	140	UNA-UC-COLO. SP	-	DNS	---	---	---		
-- Kayla Minary	SO	26	COLBY CC	-	DNS	---	---	---		
-- Emily Bohl	FR	23	COLBY CC	-	DNS	---	---	---		
-- Claire Jeptanui	FR	24	COLBY CC	-	DNS	---	---	---		
-- Brittney Kocman		100	MSU DENVER	-	DNS	---	---	---		
-- Katherine Pottinger	FR	103	MSU DENVER	-	DNS	---	---	---		

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Race #2
MEN • 8 Kilometers (4.97 Miles)**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 TRINIDAD STATE JC	48	2-3-6-18-19(40)(43)	2:13:11	26:39	1:17.5
2 ADAMS STATE	63	8-9-10-14-22(27)(29)	2:14:51	26:59	1:12.7
3 MSU DENVER	65	4-11-12-17-21(24)(33)	2:14:43	26:57	1:25.2
4 COLORADO COLLEGE	83	5-13-15-20-30(32)(35)	2:16:13	27:15	2:26.7
5 CSU-PUEBLO	99	7-16-23-25-28(36)(41)	2:17:55	27:35	2:02.0
6 COLBY CC	134	1-26-31-37-39	2:20:36	28:08	4:14.5
7 REGIS (COLO.)	205	34-38-42-45-46(48)(51)	2:31:49	30:22	3:26.2
8 HESSTON	242	44-47-49-50-52	3:07:13	37:27	15:15.0
DNP COLBY CC					
DNP COLORADO COLLEGE					
DNP TRINIDAD STATE JC					
DNP HESSTON					
DNP ADAMS STATE					
DNP CSU-PUEBLO					

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km	2K Split	4K Split	6K Split
1 Wesley Banguria	SO	15	COLBY CC	1	25:04.8	---	5:02.8	3:08.1	6:00.4	12:19.3	18:44.1
2 Felix Kemei	SO	121	TRINIDAD STATE	2	25:58.2	0:54.2	5:13.5	3:14.8	6:24.9	12:50.8	19:21.0
3 Wyatt McGuire		152	UNATTACHED	-	26:08.5	1:04.5	5:15.6	3:16.1	6:23.7	12:55.8	19:48.6
4 Alec Choury	SR	144	UNATTACHED	-	26:13.1	1:09.1	5:16.5	3:16.6	6:15.4	12:51.1	19:29.5
5 Miguel Coca	SO	117	TRINIDAD STATE	3	26:13.6	1:09.6	5:16.6	3:16.7	6:24.9	12:51.1	19:28.4
6 Jacob Link	SR	93	MSU DENVER	4	26:15.5	1:11.5	5:17.0	3:16.9	6:25.8	13:01.3	19:39.1
7 Tony Calderon	SR	31	COLORADO COLL	5	26:15.7	1:11.7	5:17.0	3:17.0	6:22.3	12:55.5	19:36.9
8 Devin Paredes	SO	123	TRINIDAD STATE	6	26:28.7	1:24.7	5:19.6	3:18.6	6:25.3	13:03.9	19:52.5
9 Dylan Day	SR	66	CSU-PUEBLO	7	26:29.6	1:25.6	5:19.8	3:18.7	6:24.1	12:55.5	19:44.8
10 Jackson Roberts	SR	5	ADAMS STATE	8	26:34.0	1:30.0	5:20.7	3:19.2	6:27.3	13:04.5	19:45.0
11 Ahmed Sado	FR	158	UNATTACHED	-	26:38.4	1:34.4	5:21.6	3:19.8	6:33.8	13:16.8	20:03.1
12 Paulo Vasquez	JR	7	ADAMS STATE	9	26:39.3	1:35.3	5:21.8	3:19.9	6:25.0	13:00.5	19:49.2
13 Yonas Haile	FR	148	UNATTACHED	-	26:42.3	1:38.3	5:22.4	3:20.3	6:29.5	13:11.0	19:55.6
14 Austin Speer	SR	6	ADAMS STATE	10	26:44.9	1:40.9	5:22.9	3:20.6	6:26.0	13:04.2	19:55.7
15 Jadon Bennick	FR	87	MSU DENVER	11	26:45.6	1:41.6	5:23.1	3:20.7	6:34.2	13:18.2	20:04.1
16 David Cardenas	FR	143	UNATTACHED	-	26:46.2	1:42.2	5:23.2	3:20.8	6:34.2	13:16.9	20:05.7
17 Yonatan Kefle	FR	92	MSU DENVER	12	26:46.9	1:42.9	5:23.3	3:20.9	6:30.1	13:10.9	20:00.6
18 Paul Olsen	JR	41	COLORADO COLL	13	26:50.2	1:46.2	5:24.0	3:21.3	6:36.5	13:26.9	20:19.8
19 Patrick Scoggins		159	UNATTACHED	-	26:50.4	1:46.4	5:24.0	3:21.3	6:33.4	13:17.3	20:05.3
20 Elijah DeLaCerde	FR	146	UNATTACHED	-	26:52.9	1:48.9	5:24.5	3:21.6	6:29.7	13:10.7	20:00.6
21 Cole Munoz	SO	155	UNATTACHED	-	27:02.4	1:58.4	5:26.4	3:22.8	6:28.5	13:14.4	20:08.3
22 Alec Hall	JR	3	ADAMS STATE	14	27:06.3	2:02.3	5:27.2	3:23.3	6:27.7	13:11.3	20:15.3
23 Max Blackburn	SR	30	COLORADO COLL	15	27:06.3	2:02.3	5:27.2	3:23.3	6:36.5	13:27.6	20:25.9
24 Ben Highfill	FR	67	CSU-PUEBLO	16	27:09.0	2:05.0	5:27.8	3:23.6	6:39.8	13:29.4	20:21.9
25 Nicholas Turco		160	UNATTACHED	-	27:09.3	2:05.3	5:27.8	3:23.7	6:27.6	13:15.0	20:19.4
26 Sam Berg	SR	88	MSU DENVER	17	27:13.8	2:09.8	5:28.7	3:24.2	6:35.7	13:28.0	20:28.2

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km	2K Split	4K Split	6K Split
27 Bailey Smith	SO	127	TRINIDAD STATE	18	27:15.1	2:11.1	5:29.0	3:24.4	6:32.7	13:18.2	20:20.2
28 Micah Stanton	FR	128	TRINIDAD STATE	19	27:15.7	2:11.7	5:29.1	3:24.5	6:32.6	13:23.5	20:22.1
29 Jack Williams	SR	47	COLORADO COLL	20	27:17.8	2:13.8	5:29.5	3:24.7	6:36.3	13:26.9	20:26.4
30 Luis Huerta	JR	149	UNATTACHED	-	27:18.1	2:14.1	5:29.6	3:24.8	6:34.3	13:24.7	20:22.8
31 Isaiah "Mikah" Paiz	FR	157	UNATTACHED	-	27:33.3	2:29.3	5:32.6	3:26.7	6:32.9	13:16.9	20:15.3
32 Nick Nowlen	SO	95	MSU DENVER	21	27:40.7	2:36.7	5:34.1	3:27.6	6:43.2	13:42.3	20:42.6
33 James Freeman	SR	2	ADAMS STATE	22	27:46.7	2:42.7	5:35.3	3:28.3	6:28.9	13:16.0	20:33.6
34 Lucas Westbrook	FR	73	CSU-PUEBLO	23	27:48.6	2:44.6	5:35.7	3:28.6	6:40.1	13:34.1	20:46.8
35 Andrew O'Keefe	FR	156	UNATTACHED	-	27:52.0	2:48.0	5:36.4	3:29.0	6:30.3	13:17.0	20:37.1
36 Ruben Gonzalez	FR	91	MSU DENVER	(24)	27:53.8	2:49.8	5:36.8	3:29.2	6:42.4	13:43.1	20:52.1
37 Matthew Roberds	FR	70	CSU-PUEBLO	25	27:56.1	2:52.1	5:37.2	3:29.5	6:40.0	13:33.6	20:51.1
38 Micah Too	FR	21	COLBY CC	26	28:15.3	3:11.3	5:41.1	3:31.9	6:29.0	13:23.6	20:49.9
39 Riley O'Neil	FR	4	ADAMS STATE	(27)	28:15.9	3:11.9	5:41.2	3:32.0	6:35.8	13:41.3	21:00.7
40 Julio Arellano-Zapata	FR	64	CSU-PUEBLO	28	28:31.5	3:27.5	5:44.4	3:33.9	6:54.0	13:59.8	21:16.5
41 Jacob Wheat	FR	8	ADAMS STATE	(29)	28:33.5	3:29.5	5:44.8	3:34.2	6:35.7	13:40.1	21:01.4
42 Josh Fry	SO	35	COLORADO COLL	30	28:42.4	3:38.4	5:46.5	3:35.3	7:10.7	14:31.5	21:49.6
43 Arthur Berthelin	SO	16	COLBY CC	31	28:45.1	3:41.1	5:47.1	3:35.6	6:40.6	13:59.0	21:29.9
44 Josh Kutcher	FR	151	UNATTACHED	-	28:45.7	3:41.7	5:47.2	3:35.7	6:44.2	14:05.5	21:36.6
45 Adam Mahler	SR	39	COLORADO COLL	(32)	28:49.8	3:45.8	5:48.0	3:36.2	7:06.9	14:27.1	21:44.6
46 Logan Debyle	SR	90	MSU DENVER	(33)	28:54.8	3:50.8	5:49.0	3:36.8	7:01.5	21:42.1	28:55.3
47 Vincent Frazier	JR	106	REGIS (COLO.)	34	28:56.4	3:52.4	5:49.4	3:37.0	6:57.5	14:10.6	21:35.9
48 Will Foster	FR	34	COLORADO COLL	(35)	28:57.3	3:53.3	5:49.6	3:37.2	7:01.5	14:18.8	21:43.2
49 Theo Snowdon	FR	45	COLORADO COLL	-	28:59.5	3:55.5	5:50.0	3:37.4	7:11.1	14:31.7	21:50.1
50 Manny Lujan	FR	94	MSU DENVER	-	29:02.1	3:58.1	5:50.5	3:37.8	7:06.0	14:25.9	21:43.9
51 Sam Rodriguez	SO	42	COLORADO COLL	-	29:08.4	4:04.4	5:51.8	3:38.5	7:10.7	14:32.0	21:53.6
52 Richie Roberds	FR	71	CSU-PUEBLO	(36)	29:10.6	4:06.6	5:52.2	3:38.8	6:55.8	14:12.9	21:45.0
53 Robert Cheruiyot	FR	17	COLBY CC	37	29:11.5	4:07.5	5:52.4	3:38.9	6:40.6	13:59.6	21:36.2
54 Bryan Martinez	SO	109	REGIS (COLO.)	38	29:13.7	4:09.7	5:52.9	3:39.2	6:57.5	14:12.0	21:46.6
55 Tyler Peterson	FR	19	COLBY CC	39	29:19.2	4:15.2	5:54.0	3:39.9	7:02.5	14:24.8	22:02.5
56 Emerson Worrell	FR	48	COLORADO COLL	-	29:21.4	4:17.4	5:54.4	3:40.2	7:01.9	14:25.6	21:59.3
57 Andrew West	JR	46	COLORADO COLL	-	29:22.1	4:18.1	5:54.5	3:40.3	7:12.0	14:36.0	22:07.3
58 Mason Castle	FR	32	COLORADO COLL	-	29:31.4	4:27.4	5:56.4	3:41.4	7:10.9	14:31.6	21:57.3
59 Max Saliman	FR	43	COLORADO COLL	-	29:34.9	4:30.9	5:57.1	3:41.9	7:17.5	14:46.9	22:15.3
60 Joseph Enright	SO	119	TRINIDAD STATE	(40)	29:39.7	4:35.7	5:58.1	3:42.5	6:57.3	14:17.2	21:58.0
61 Adam Marcus	SO	69	CSU-PUEBLO	(41)	29:48.3	4:44.3	5:59.8	3:43.5	7:07.5	14:48.0	22:25.5
62 Sam Kepford	FR	150	UNATTACHED	-	29:54.9	4:50.9	6:01.1	3:44.4	6:58.0	14:18.5	22:08.4
63 George Kaftan	FR	107	REGIS (COLO.)	42	29:57.3	4:53.3	6:01.6	3:44.7	7:18.8	14:54.8	22:28.4
64 Andy Setser	FR	126	TRINIDAD STATE	(43)	30:01.3	4:57.3	6:02.4	3:45.2	7:12.9	14:35.2	22:12.0
65 Richard Sais	SO	124	TRINIDAD STATE	-	30:14.6	5:10.6	6:05.1	3:46.8	7:00.4	14:35.9	22:30.7
66 Andres Madrigal	SO	38	COLORADO COLL	-	30:16.3	5:12.3	6:05.4	3:47.0	7:22.9	15:05.2	22:47.2
67 Parker Kerth	FR	37	COLORADO COLL	-	30:18.4	5:14.4	6:05.9	3:47.3	7:22.7	14:59.5	22:44.7
68 Josh Bowers	FR	89	MSU DENVER	-	30:21.5	5:17.5	6:06.5	3:47.7	7:08.3	14:35.6	22:29.3
69 Ben Gellman	SO	36	COLORADO COLL	-	30:25.4	5:21.4	6:07.3	3:48.2	7:24.0	14:59.9	22:47.7
70 Lucaiah Smith-Miodownik	FR	44	COLORADO COLL	-	30:37.1	5:33.1	6:09.6	3:49.6			
71 Levi Geyer	SO	82	HESSTON	44	30:48.8	5:44.8	6:12.0	3:51.1	7:31.2	15:21.6	23:14.4
72 Keegan Cordova	FR	65	CSU-PUEBLO	-	31:01.3	5:57.3	6:14.5	3:52.7	7:14.0	15:02.0	23:06.4

COLORADO COLLEGE INVITATIONAL

Colorado Springs, CO

Colorado College

Saturday, September 14, 2019



OFFICIAL MEET REPORT

printed: 9/14/2019 10:09 AM

Race #2
MEN • 8 Kilometers (4.97 Miles)

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km	2K Split	4K Split	6K Split
73 Jose Idefonso	FR	120	TRINIDAD STATE	-	31:16.6	6:12.6	6:17.6	3:54.6	7:47.0	15:49.6	23:32.4
74 Emilio Tovilla	SR	111	REGIS (COLO.)	45	31:18.4	6:14.4	6:17.9	3:54.8	7:25.1	15:24.4	23:33.1
75 Saket Mereddy	SO	40	COLORADO COLL	-	31:19.0	6:15.0	6:18.1	3:54.9	7:24.7	15:21.4	23:25.7
76 Nathan Hood	JR	68	CSU-PUEBLO	-	31:30.8	6:26.8	6:20.4	3:56.3	7:31.2	15:30.4	23:38.8
77 Caleb Palmer	FR	122	TRINIDAD STATE	-	31:51.7	6:47.7	6:24.6	3:59.0	7:24.4	15:31.8	23:33.2
78 Andrew McNamee	SO	110	REGIS (COLO.)	46	32:22.5	7:18.5	6:30.8	4:02.8	7:30.9	15:44.1	24:15.0
79 Filomeno Vargas	FR	129	TRINIDAD STATE	-	32:27.3	7:23.3	6:31.8	4:03.4	7:26.1	15:43.0	24:11.2
80 Jaden Lais	FR	84	HESSTON	47	33:35.7	8:31.7	6:45.6	4:12.0	8:01.0	16:35.9	25:21.6
81 Alejandro Salazar	SO	125	TRINIDAD STATE	-	35:02.7	9:58.7	7:03.1	4:22.8	7:52.8	17:01.4	26:18.6
82 Scott Kordziel	JR	108	REGIS (COLO.)	(48)	35:55.3	10:51.3	7:13.7	4:29.4	8:40.1	17:36.9	26:58.9
83 Levi Knopp	FR	83	HESSTON	49	38:20.2	13:16.2	7:42.8	4:47.5	9:02.6	18:46.0	28:31.8
84 Jonathan Voth	FR	86	HESSTON	50	38:24.8	13:20.8	7:43.7	4:48.1	9:03.2	18:55.9	28:55.2
85 Roger Castillo	SO	105	REGIS (COLO.)	(51)	42:47.7	17:43.7	8:36.6	5:21.0	9:43.5	20:46.0	32:05.4
86 Daniel Ochs	FR	85	HESSTON	52	46:03.7	20:59.7	9:16.1	5:45.5	9:46.3	21:27.7	34:15.7
-- Thomas Staines	JR	72	CSU-PUEBLO	-	DNS	---	---	---			
-- Alex Gomez	JR	147	UNATTACHED	-	DNS	---	---	---			
-- Yonas Mogos	SR	154	UNATTACHED	-	DNS	---	---	---			
-- Carlos Mobley	FR	153	UNATTACHED	-	DNS	---	---	---			
-- Ariel Conde		145	UNATTACHED	-	DNS	---	---	---			
-- Kelvin Kipchirchir	FR	18	COLBY CC	-	DNS	---	---	---			
-- Nehemia Too	SO	22	COLBY CC	-	DNS	---	---	---			
-- Salvador Capetillo	JR	1	ADAMS STATE	-	DNS	---	---	---			
-- Sam Blosser	SO	81	HESSTON	-	DNS	---	---	---			
-- Will Doub	FR	33	COLORADO COLL	-	DNS	---	---	---			
-- Jan Filip Alfaro	FR	29	COLORADO COLL	-	DNS	---	---	---			
-- Rihards Sergis	SO	20	COLBY CC	-	DNF	---	---	---	7:07.3	14:43.2	
-- Ethan Coyhis	FR	118	TRINIDAD STATE	-	DNF	---	---	---	7:06.4	15:25.6	23:20.2