

2022 3A-5A-6A STATE CROSS COUNTRY

Lawrence, KS

Rim Rock Farm

Saturday, October 29, 2022

MEET OFFICIALS

Timing:
Heartland Timing



OFFICIAL MEET REPORT
printed: 10/30/2022 10:02 AM

Race #3
Girls 5A

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Lenexa-St. James	51	2-8-9-15-17(19)(24)	1:38:43	19:45	0:47.0
2 Aquinas	81	1-14-21-22-23(30)(31)	1:39:57	20:00	1:05.1
3 Wichita-Kapaun	115	4-13-18-33-47(59)(67)	1:41:53	20:23	2:16.7
4 Topeka-Seaman	116	3-11-16-41-45(54)(79)	1:41:49	20:22	2:06.6
5 Great Bend	131*	5-12-28-35-51(55)(68)	1:42:36	20:32	2:10.2
6 DeSoto	131*	6-7-25-43-50(62)(74)	1:42:29	20:30	2:04.3
7 Wichita-Carroll	170	10-32-36-39-53(70)(72)	1:44:21	20:53	2:03.0
8 Emporia	184	26-29-37-44-48(61)(78)	1:45:08	21:02	1:06.1
9 Maize South	188	20-27-40-49-52(57)(71)	1:45:24	21:05	1:30.7
10 Hays	261	34-46-56-60-65(66)(82)	1:48:23	21:41	1:13.0
11 Lansing	301	38-58-63-69-73(76)(80)	1:49:49	21:58	1:28.8
12 Basehor-Linwood	339	42-64-75-77-81(83)(84)	1:52:20	22:28	2:19.1

*Tiebreakers

Great Bend	5	12	28	35	51	55
DeSoto	6	7	25	43	50	62

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. KM
1 RUPE, Katelyn	SO	535	Salina-Central	-	17:13.84	---	5:32.4	3:26.8
2 HANSON, Grace	SR	203	KC-Piper	-	18:17.96	1:04.12	5:53.0	3:39.6
3 SPINELLO, Sophia	JR	505	Aquinas	1	19:12.17	1:58.33	6:10.5	3:50.4
4 HAYS, Quinn	SO	272	Lenexa-St. James	2	19:19.84	2:06.00	6:12.9	3:52.0
5 MILLER, Ryn	FR	677	Topeka-Seaman	3	19:19.85	2:06.01	6:12.9	3:52.0
6 WALLACE, Madelyn	FR	4	Andover	-	19:20.51	2:06.67	6:13.2	3:52.1
7 BARRINGER, Taylor	FR	753	Wichita-Kapaun	4	19:20.98	2:07.14	6:13.3	3:52.2
8 BOONE, Marissa	SO	144	Great Bend	5	19:33.50	2:19.66	6:17.3	3:54.7
9 BUNDT, Brooke	SO	48	DeSoto	6	19:36.77	2:22.93	6:18.4	3:55.4
10 GILLESPIE, Addison	FR	51	DeSoto	7	19:38.26	2:24.42	6:18.9	3:55.7
11 PRICE, Katie	JR	276	Lenexa-St. James	8	19:39.18	2:25.34	6:19.2	3:55.8
12 WILKEN, Annie	SO	279	Lenexa-St. James	9	19:41.01	2:27.17	6:19.7	3:56.2
13 MARTIN, Brooke	SO	724	Wichita-Carroll	10	19:43.87	2:30.03	6:20.7	3:56.8
14 DRUSE, Bethany	SR	675	Topeka-Seaman	11	19:44.14	2:30.30	6:20.8	3:56.8
15 NICHOLSON, Addy	JR	146	Great Bend	12	19:45.37	2:31.53	6:21.1	3:57.1
16 ROSS, Isabella	SO	483	BV Southwest	-	19:50.70	2:36.86	6:22.9	3:58.1
17 HERMANN, Amelia	SO	755	Wichita-Kapaun	13	19:51.17	2:37.33	6:23.0	3:58.2
18 DICARLO, Anna	SO	500	Aquinas	14	19:53.32	2:39.48	6:23.7	3:58.7
19 MENGHINI, Katelyn	SO	274	Lenexa-St. James	15	19:55.16	2:41.32	6:24.3	3:59.0
20 APPELHANZ, Stella	SO	673	Topeka-Seaman	16	20:04.79	2:50.95	6:27.4	4:01.0
21 MORFELD, Allie	SO	275	Lenexa-St. James	17	20:06.84	2:53.00	6:28.1	4:01.4
22 CURTIS, Addie	SR	754	Wichita-Kapaun	18	20:09.28	2:55.44	6:28.8	4:01.9
23 HAEUSSER, Leah	FR	271	Lenexa-St. James	(19)	20:14.57	3:00.73	6:30.5	4:02.9
24 PONCE, Isabella	FR	347	Maize South	20	20:15.10	3:01.26	6:30.7	4:03.0

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
25 KELLEY, Greta	SO	501	Aquinas	21	20:16.89	3:03.05	6:31.3	4:03.4
26 MAUK, Lilly	JR	503	Aquinas	22	20:17.17	3:03.33	6:31.4	4:03.4
27 BABCOCK, Quinn	SR	498	Aquinas	23	20:17.20	3:03.36	6:31.4	4:03.4
28 SIMOES, Isabella	JR	277	Lenexa-St. James	(24)	20:17.42	3:03.58	6:31.5	4:03.5
29 LANDRUM, Sophie	SR	52	DeSoto	25	20:17.55	3:03.71	6:31.5	4:03.5
30 GROVER, Hannah	SR	707	Valley Center	-	20:27.35	3:13.51	6:34.6	4:05.5
31 WILLHITE, Elizabeth	SR	91	Emporia	26	20:32.79	3:18.95	6:36.4	4:06.6
32 BROOKS, Emma	FR	340	Maize South	27	20:33.53	3:19.69	6:36.6	4:06.7
33 DAY, Gabrielle	JR	2	Andover	-	20:33.58	3:19.74	6:36.6	4:06.7
34 BECKHAM, Eliana	JR	142	Great Bend	28	20:33.92	3:20.08	6:36.8	4:06.8
35 CURTIS, Allison	SO	82	Emporia	29	20:35.48	3:21.64	6:37.3	4:07.1
36 RIVERS, Sophie	FR	658	Spring Hill	-	20:38.21	3:24.37	6:38.1	4:07.6
37 BLAUFUSS, Lilly	SR	499	Aquinas	(30)	20:38.75	3:24.91	6:38.3	4:07.8
38 RITTEL, Amelia	SO	504	Aquinas	(31)	20:39.27	3:25.43	6:38.5	4:07.9
39 INSKEEP, Chloe	SR	196	Hutchinson	-	20:41.76	3:27.92	6:39.3	4:08.4
40 WENDELL, Sofia	JR	730	Wichita-Carroll	32	20:42.31	3:28.47	6:39.5	4:08.5
41 SCHWARZ, Lila	SR	484	BV Southwest	-	20:47.94	3:34.10	6:41.3	4:09.6
42 PORTER, Ella	SR	758	Wichita-Kapaun	33	20:53.91	3:40.07	6:43.2	4:10.8
43 MALDONADO, Arely	JR	155	Hays	34	20:54.54	3:40.70	6:43.4	4:10.9
44 KOEPPEN, Ashtyn	SO	140	Goddard-Eisenhow	-	20:57.04	3:43.20	6:44.2	4:11.4
45 SMITH, Sienna	FR	147	Great Bend	35	20:59.22	3:45.38	6:44.9	4:11.8
46 MEYER, Abigail	FR	725	Wichita-Carroll	36	21:02.05	3:48.21	6:45.8	4:12.4
47 TRUE, Maryn	SR	89	Emporia	37	21:02.08	3:48.24	6:45.8	4:12.4
48 CALVO, Jasmine	SO	9	Ark City	-	21:02.96	3:49.12	6:46.1	4:12.6
49 KURZ, Sophie	FR	219	Lansing	38	21:04.13	3:50.29	6:46.5	4:12.8
50 CRISLER, Kenna	FR	722	Wichita-Carroll	39	21:05.12	3:51.28	6:46.8	4:13.0
51 SHEILDS, Kendall	SR	348	Maize South	40	21:08.47	3:54.63	6:47.9	4:13.7
52 RICE, Payton	FR	705	Topeka-West	-	21:09.52	3:55.68	6:48.2	4:13.9
53 SAMPSON, Savannah	JR	678	Topeka-Seaman	41	21:13.09	3:59.25	6:49.4	4:14.6
54 GRANTHAM, Abi	SR	330	Maize	-	21:13.81	3:59.97	6:49.6	4:14.8
55 TURNER, Tessa	SO	27	Basehor-Linwood	42	21:14.77	4:00.93	6:49.9	4:15.0
56 MARRIOTT, Hope	JR	54	DeSoto	43	21:15.15	4:01.31	6:50.0	4:15.0
57 SHEFFY-HARRIS, Micah	JR	88	Emporia	44	21:18.59	4:04.75	6:51.1	4:15.7
58 SPURLOCK, Leah	SR	680	Topeka-Seaman	45	21:26.39	4:12.55	6:53.6	4:17.3
59 DOW, Cora	FR	30	Bonner Springs	-	21:32.86	4:19.02	6:55.7	4:18.6
60 ALBERS, Brenlynn	JR	152	Hays	46	21:35.90	4:22.06	6:56.7	4:19.2
61 HERMANN, Madeline	JR	756	Wichita-Kapaun	47	21:37.66	4:23.82	6:57.3	4:19.5
62 HOOPER, Laney	FR	708	Valley Center	-	21:37.94	4:24.10	6:57.3	4:19.6
63 VAN SICKLE, Bailee	FR	90	Emporia	48	21:38.84	4:25.00	6:57.6	4:19.8
64 MANLEY, Addison	JR	259	Leavenworth	-	21:39.52	4:25.68	6:57.9	4:19.9
65 MITCHELL, Kennedy	JR	345	Maize South	49	21:40.12	4:26.28	6:58.0	4:20.0
66 MEYER, Kat	FR	55	DeSoto	50	21:41.07	4:27.23	6:58.4	4:20.2
67 BECKWITH, Morgan	JR	143	Great Bend	51	21:43.62	4:29.78	6:59.2	4:20.7
68 MARTINEZ, Karina	FR	344	Maize South	52	21:45.79	4:31.95	6:59.9	4:21.2
69 MITCHELL, Mckenzie	SR	726	Wichita-Carroll	53	21:46.82	4:32.98	7:00.2	4:21.4
70 BECKER, Anna	SO	674	Topeka-Seaman	(54)	21:47.98	4:34.14	7:00.6	4:21.6

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
71 KING, Reese	SO	145	Great Bend	(55)	21:48.56	4:34.72	7:00.8	4:21.7
72 WINTER, Avery	SR	158	Hays	56	21:49.26	4:35.42	7:01.0	4:21.9
73 MORROW, Norah	FR	346	Maize South	(57)	21:51.10	4:37.26	7:01.6	4:22.2
74 ARCHAMBAULT, Mary	FR	217	Lansing	58	21:51.50	4:37.66	7:01.7	4:22.3
75 SCHECK, Lydia	JR	759	Wichita-Kapaun	(59)	21:52.02	4:38.18	7:01.9	4:22.4
76 ERICKSEN, Hailey	JR	3	Andover	-	21:53.61	4:39.77	7:02.4	4:22.7
77 KINDERKNECHT, Brynn	JR	154	Hays	60	21:55.00	4:41.16	7:02.8	4:23.0
78 RUVALCABA, Sofia	JR	87	Emporia	(61)	21:57.33	4:43.49	7:03.6	4:23.5
79 BUTLER, Isabelle	JR	49	DeSoto	(62)	21:58.12	4:44.28	7:03.8	4:23.6
80 TROLLMAN, Verena	JR	661	Shawnee Heights	-	22:02.55	4:48.71	7:05.3	4:24.5
81 TANNER, Rebekah	JR	224	Lansing	63	22:02.69	4:48.85	7:05.3	4:24.5
82 MCKNIGHT, Anna	JR	19	Basehor-Linwood	64	22:07.27	4:53.43	7:06.8	4:25.5
83 ZIMMERMAN, Mika	JR	160	Hays	65	22:07.51	4:53.67	7:06.9	4:25.5
84 WATSON, Jaycine	SR	157	Hays	(66)	22:08.55	4:54.71	7:07.2	4:25.7
85 WILHELM, Alannah	JR	761	Wichita-Kapaun	(67)	22:09.67	4:55.83	7:07.5	4:25.9
86 WELCHER, Kate	SO	148	Great Bend	(68)	22:11.88	4:58.04	7:08.3	4:26.4
87 TANNER, Elizabeth	FR	223	Lansing	69	22:16.85	5:03.01	7:09.9	4:27.4
88 CASANOVA, Jenna	FR	721	Wichita-Carroll	(70)	22:17.17	5:03.33	7:10.0	4:27.4
89 BROWER, Greenley	SO	341	Maize South	(71)	22:25.20	5:11.36	7:12.5	4:29.0
90 SAUBER, Sophia	SO	727	Wichita-Carroll	(72)	22:30.12	5:16.28	7:14.1	4:30.0
91 ANDERSON, Anya	JR	216	Lansing	73	22:32.91	5:19.07	7:15.0	4:30.6
92 PENHALLOW, Kate	JR	657	Spring Hill	-	22:33.53	5:19.69	7:15.2	4:30.7
93 SHEERIN, Abby	SR	57	DeSoto	(74)	22:38.39	5:24.55	7:16.8	4:31.7
94 STEINLAGE, Emily	JR	26	Basehor-Linwood	75	22:39.73	5:25.89	7:17.2	4:31.9
95 DUNLAP, Kaylin	JR	218	Lansing	(76)	22:39.76	5:25.92	7:17.2	4:32.0
96 MCKNIGHT, Sarah	FR	20	Basehor-Linwood	77	22:43.52	5:29.68	7:18.4	4:32.7
97 LEWIS, Leanna	SO	85	Emporia	(78)	22:45.06	5:31.22	7:18.9	4:33.0
98 STALLBAUMER, Elinore	JR	681	Topeka-Seaman	(79)	22:46.20	5:32.36	7:19.3	4:33.2
99 PLATT, Hannah	SR	221	Lansing	(80)	23:19.72	6:05.88	7:30.1	4:39.9
100 ARENAS, Elizabeth	FR	202	KC-Piper	-	23:32.14	6:18.30	7:34.1	4:42.4
101 OSWALD, Adalyn	FR	21	Basehor-Linwood	81	23:33.81	6:19.97	7:34.6	4:42.8
102 CUNNINGHAM, Cara	FR	153	Hays	(82)	24:03.80	6:49.96	7:44.2	4:48.8
103 BUCKLEY, Madison	SO	18	Basehor-Linwood	(83)	24:35.96	7:22.12	7:54.6	4:55.2
104 PARR, Sadie	SO	22	Basehor-Linwood	(84)	24:45.11	7:31.27	7:57.5	4:57.0