

NCAA DIVISION II CENTRAL REGION CROSS COUNTRY CHAMPIONSHIPS

Joplin, MO
Tom Rutledge XC Course
Host: Missouri Southern
Saturday, November 19, 2022

MEET OFFICIALS

Meet Director:
Rob Mallory
Meet Referee:
Mike Mulvaney
Timing:
Dennis Weber



OFFICIAL MEET REPORT
printed: 11/20/2022 3:25 PM

Race #1
Women's 3K Splits

Split Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Spread
1 Augustana (S.D.)	63	2-3-14-20-24(32)(43)	0:24.4
2 Minnesota St-Mankato	100	9-10-25-26-30(91)(107)	0:27.3
3 Minnesota-Duluth	127	5-7-16-49-50(58)(59)	0:40.7
4 Nebraska-Kearney	138	18-19-22-38-41(45)(124)	0:13.8
5 Pittsburg State	139	13-15-21-39-51(63)(67)	0:37.3
6 Winona State	150	1-6-11-28-104(115)(122)	1:33.4
7 NW Missouri	178	4-12-52-54-56(119)(134)	0:43.6
8 Fort Hays St.	264	34-35-57-62-76(82)(113)	0:25.2
9 Rogers State	287	37-42-68-69-71(97)(117)	0:20.9
10 Univ of Mary	309	8-44-72-92-93(95)(101)	1:02.3
11 Sioux Falls	314	23-29-40-86-136(137)(148)	1:05.3
12 Missouri Southern	321	48-60-61-64-88(138)(139)	0:23.2
13 Arkansas Tech	338	36-46-78-79-99(125)(150)	0:36.0
14 Ouachita Baptist	385	31-66-81-98-109(146)(147)	0:40.8
15 Oklahoma Baptist	424	17-75-87-96-149(168)(200)	1:15.3
16 Harding	437	33-73-100-110-121(130)(143)	0:49.2
17 Missouri Western	499	27-83-112-118-159(166)(207)	1:13.6
18 St. Cloud State	554	65-114-120-127-128(153)(181)	0:34.4
19 Northern State	564	47-74-84-158-201(222)	1:50.8
20 Emporia St.	598	70-103-123-142-160(199)	0:47.8
21 East Central	599	55-77-129-145-193(202)	1:31.3
22 MSU-Moorhead	627	80-94-108-163-182	1:01.6
23 Central Missouri	639	89-102-126-152-170(176)	0:44.9
24 Washburn	685	90-131-132-165-167(169)(183)	0:42.9
25 Bemidji State	715	85-141-157-161-171(172)(188)	0:48.8
26 Wayne State (Neb.)	788	133-140-151-156-208(211)(216)	1:17.4
27 Southern Nazarene	807	105-106-190-191-215(218)(231)	1:41.6
28 Newman	814	53-184-185-189-203(205)(213)	1:51.6
29 Minot State	819	116-144-164-175-220	1:39.1
30 SE Oklahoma	862	154-162-173-186-187(219)	0:27.1
31 Upper Iowa	925	111-192-196-209-217(224)	1:38.8
32 Central Oklahoma	941	155-179-180-198-229	2:22.8
33 Concordia-St. Paul	956	174-177-195-204-206(210)(223)	0:46.0
34 Minnesota-Crookston	979	135-178-214-225-227(228)(230)	2:13.6
35 NW Oklahoma State	1050	194-197-212-221-226(232)	1:26.8

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 CUNNINGHAM, Lindsay	SO	278	Winona State	1	9:54.30	---	5:19.5	3:18.1
2 MEANS, Megan	SR	10	Augustana (S.D.)	2	10:18.10	23.80	5:32.3	3:26.0
3 SCHMIDT, Nicolette	SR	13	Augustana (S.D.)	3	10:19.40	25.10	5:33.0	3:26.5
4 CUNNINGHAM, Caroline	SR	160	NW Missouri	4	10:19.50	25.20	5:33.1	3:26.5
5 VERKERKE, Maddie	JR	103	Minnesota-Duluth	5	10:19.60	25.30	5:33.1	3:26.5
6 TAYLOR, McKenna	SO	283	Winona State	6	10:19.70	25.40	5:33.2	3:26.6
7 PETERSON, Cailee	SR	97	Minnesota-Duluth	7	10:19.90	25.60	5:33.3	3:26.6
8 BECKER, Alyssa	SO	244	Univ of Mary	8	10:21.00	26.70	5:33.9	3:27.0
9 THURSTON, MaKenna	JR	86	Minnesota St-Mank	9	10:21.10	26.80	5:33.9	3:27.0
10 MONTPLAISIR, Amanda	SR	83	Minnesota St-Mank	10	10:21.20	26.90	5:34.0	3:27.1
11 BEYER, Kaylee	JR	276	Winona State	11	10:21.20	26.90	5:34.0	3:27.1
12 OWENS, Amber	SR	163	NW Missouri	12	10:21.90	27.60	5:34.4	3:27.3
13 MURDOCK, Lara	SO	199	Pittsburg State	13	10:23.20	28.90	5:35.1	3:27.7
14 ENGLISH, PJ	SR	9	Augustana (S.D.)	14	10:23.50	29.20	5:35.2	3:27.8
15 ALDERSON, Jentrie	FR	192	Pittsburg State	15	10:25.20	30.90	5:36.1	3:28.4
16 NIELSEN, Julia	JR	95	Minnesota-Duluth	16	10:36.00	41.70	5:41.9	3:32.0
17 STRANGE, Sophia	SO	181	Oklahoma Baptist	17	10:36.00	41.70	5:41.9	3:32.0
18 POLLAN, Hannah	JR	141	Nebraska-Kearney	18	10:37.10	42.80	5:42.5	3:32.4
19 BONSALL, Grace	SO	135	Nebraska-Kearney	19	10:38.30	44.00	5:43.2	3:32.8
20 SALAS, Mia	JR	12	Augustana (S.D.)	20	10:38.40	44.10	5:43.2	3:32.8
21 DICK, Marissa	SO	195	Pittsburg State	21	10:41.00	46.70	5:44.6	3:33.7
22 HEMMER, Mara	SO	137	Nebraska-Kearney	22	10:42.00	47.70	5:45.2	3:34.0
23 JUAC, Khot	SO	222	Sioux Falls	23	10:42.20	47.90	5:45.3	3:34.1
24 BAKKEN, Ella	FR	8	Augustana (S.D.)	24	10:42.50	48.20	5:45.4	3:34.2
25 GAHERTY, Mackenzie	SR	82	Minnesota St-Mank	25	10:43.10	48.80	5:45.8	3:34.4
26 CUNNINGHAM, Emily	SO	80	Minnesota St-Mank	26	10:43.60	49.30	5:46.0	3:34.5
27 NASH, Madison	SO	124	Missouri Western	27	10:43.90	49.60	5:46.2	3:34.6
28 TAARUD, Sophia	FR	281	Winona State	28	10:45.10	50.80	5:46.8	3:35.0
29 LUTMER, Jessica	SO	223	Sioux Falls	29	10:48.30	54.00	5:48.5	3:36.1
30 BISHOP, Makayla	SO	79	Minnesota St-Mank	30	10:48.40	54.10	5:48.6	3:36.1
31 KOETH, Taylor	JR	187	Ouachita Baptist	31	10:48.60	54.30	5:48.7	3:36.2
32 SUDBECK, Caroline	SO	15	Augustana (S.D.)	(32)	10:48.80	54.50	5:48.8	3:36.3
33 MEGIAS, Nieves	JR	73	Harding	33	10:49.10	54.80	5:49.0	3:36.4
34 HODSDEN, Regan	SO	64	Fort Hays St.	34	10:49.40	55.10	5:49.1	3:36.5
35 KUFFEL, Gretchen	SO	66	Fort Hays St.	35	10:49.40	55.10	5:49.1	3:36.5
36 CUDWORTH, Marcie	SO	5	Arkansas Tech	36	10:49.80	55.50	5:49.4	3:36.6
37 BYRD, Katie	SO	204	Rogers State	37	10:50.30	56.00	5:49.6	3:36.8
38 ALSTROM, Baylee	SR	133	Nebraska-Kearney	38	10:50.40	56.10	5:49.7	3:36.8
39 DAWSON, Kate	SO	194	Pittsburg State	39	10:50.50	56.20	5:49.7	3:36.8
40 GEHL, Morgan	SO	221	Sioux Falls	40	10:50.90	56.60	5:49.9	3:37.0
41 SOTO-STOPAK, Jordan	SO	142	Nebraska-Kearney	41	10:50.90	56.60	5:49.9	3:37.0
42 BRADSHAW, Madison	SO	202	Rogers State	42	10:51.30	57.00	5:50.2	3:37.1
43 VELTING, Iris	JR	17	Augustana (S.D.)	(43)	10:51.50	57.20	5:50.3	3:37.2
44 FUNDAK, Andrijana	SO	246	Univ of Mary	44	10:53.40	59.10	5:51.3	3:37.8
45 POLK, Elizabeth	SO	140	Nebraska-Kearney	(45)	10:54.60	1:00.30	5:51.9	3:38.2
46 BESHORE, Calli	SO	2	Arkansas Tech	46	10:54.90	1:00.60	5:52.1	3:38.3

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
47 CLARK, Jennifer	SR	150	Northern State	47	10:57.50	1:03.20	5:53.5	3:39.2
48 GENEL, Lilah	FR	112	Missouri Southern	48	10:58.50	1:04.20	5:54.0	3:39.5
49 SEIDEL, Franny	SO	101	Minnesota-Duluth	49	10:59.70	1:05.40	5:54.7	3:39.9
50 RADEL, Morgan	SR	98	Minnesota-Duluth	50	11:00.30	1:06.00	5:55.0	3:40.1
51 HONEYMAN, Hannah	SR	197	Pittsburg State	51	11:00.50	1:06.20	5:55.1	3:40.2
52 MCGLOCKLIN, Lydia	FR	162	NW Missouri	52	11:00.70	1:06.40	5:55.2	3:40.2
53 KOMA-LIMO, Patricia	JR	146	Newman	53	11:00.70	1:06.40	5:55.2	3:40.2
54 HARP, Kaylee	SO	161	NW Missouri	54	11:01.10	1:06.80	5:55.4	3:40.4
55 KEMBOI, Abigael	JR	51	East Central	55	11:01.60	1:07.30	5:55.7	3:40.5
56 THIBAULT, Alyna	SO	167	NW Missouri	56	11:03.10	1:08.80	5:56.5	3:41.0
57 HUDGEONS, Darian	SO	65	Fort Hays St.	57	11:03.20	1:08.90	5:56.6	3:41.1
58 VANLOON, Elizabeth	FR	102	Minnesota-Duluth	(58)	11:03.50	1:09.20	5:56.7	3:41.2
59 SCHLEY, Savannah	SO	100	Minnesota-Duluth	(59)	11:03.80	1:09.50	5:56.9	3:41.3
60 GAINES, Kayanna	SO	111	Missouri Southern	60	11:03.90	1:09.60	5:56.9	3:41.3
61 HAWKINS, Riley	FR	113	Missouri Southern	61	11:05.00	1:10.70	5:57.5	3:41.7
62 VATH, Jaycee	SO	71	Fort Hays St.	62	11:05.60	1:11.30	5:57.8	3:41.9
63 MCCORD, Annie	SO	198	Pittsburg State	(63)	11:05.60	1:11.30	5:57.8	3:41.9
64 LOPEZ, Jenari	SO	115	Missouri Southern	64	11:05.70	1:11.40	5:57.9	3:41.9
65 BOULEY, Cheresa	SR	235	St. Cloud State	65	11:06.20	1:11.90	5:58.2	3:42.1
66 DAVIS, Mackenzie	SO	184	Ouachita Baptist	66	11:06.60	1:12.30	5:58.4	3:42.2
67 HAMMEKE, Erin	SO	196	Pittsburg State	(67)	11:09.80	1:15.50	6:00.1	3:43.3
68 BUTTS, Gloria	JR	203	Rogers State	68	11:09.90	1:15.60	6:00.2	3:43.3
69 DEANGELIS, Brianna	JR	206	Rogers State	69	11:10.50	1:16.20	6:00.5	3:43.5
70 WILLIAMS, Tayler	FR	61	Emporia St.	70	11:10.50	1:16.20	6:00.5	3:43.5
71 WOOD, Tori	SO	209	Rogers State	71	11:11.20	1:16.90	6:00.9	3:43.7
72 KALTHOFF, Kristine	SO	248	Univ of Mary	72	11:11.50	1:17.20	6:01.0	3:43.8
73 TRICE, Jada	JR	76	Harding	73	11:12.00	1:17.70	6:01.3	3:44.0
74 FRANSSSEN, Mary	JR	151	Northern State	74	11:12.30	1:18.00	6:01.5	3:44.1
75 LYNCH, Olivia	SO	177	Oklahoma Baptist	75	11:12.40	1:18.10	6:01.5	3:44.1
76 FENDER, Elizabeth	FR	62	Fort Hays St.	76	11:14.60	1:20.30	6:02.7	3:44.9
77 JESANG, Sharon	SO	50	East Central	77	11:16.30	1:22.00	6:03.6	3:45.4
78 BROWNING, Morganne	SO	4	Arkansas Tech	78	11:16.90	1:22.60	6:03.9	3:45.6
79 MAYS, Ashlynn	SO	7	Arkansas Tech	79	11:17.80	1:23.50	6:04.4	3:45.9
80 LANE, Payton	SO	131	MSU-Moorhead	80	11:18.50	1:24.20	6:04.8	3:46.2
81 MCGREGOR, Jaci	SO	188	Ouachita Baptist	81	11:18.80	1:24.50	6:04.9	3:46.3
82 SALMANS, Emily	SR	70	Fort Hays St.	(82)	11:19.20	1:24.90	6:05.2	3:46.4
83 KINNEY, Abby	SO	122	Missouri Western	83	11:19.30	1:25.00	6:05.2	3:46.4
84 PICKERING, Megan	SO	157	Northern State	84	11:19.60	1:25.30	6:05.4	3:46.5
85 GOODWIN, Mary	SO	19	Bemidji State	85	11:21.00	1:26.70	6:06.1	3:47.0
86 VOIGT, Tianna	SR	226	Sioux Falls	86	11:21.50	1:27.20	6:06.4	3:47.2
87 MCGRUDER, Kayla	SR	178	Oklahoma Baptist	87	11:21.60	1:27.30	6:06.5	3:47.2
88 HENDERSON, Kelie	SR	114	Missouri Southern	88	11:21.70	1:27.40	6:06.5	3:47.2
89 MENGICH, Risper	JR	32	Central Missouri	89	11:22.10	1:27.80	6:06.7	3:47.4
90 JOHNSON, Lily	SR	264	Washburn	90	11:22.40	1:28.10	6:06.9	3:47.5
91 RAUK, Alyssa	SO	85	Minnesota St-Mank	(91)	11:23.10	1:28.80	6:07.3	3:47.7
92 BLOTE, Teresa	SR	245	Univ of Mary	92	11:23.10	1:28.80	6:07.3	3:47.7

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
93 NOLAND-GILLESPIE, Victori	FR	250	Univ of Mary	93	11:23.30	1:29.00	6:07.4	3:47.8
94 BERG, Kaelyn	FR	127	MSU-Moorhead	94	11:23.70	1:29.40	6:07.6	3:47.9
95 GREEN, Kiran	SR	247	Univ of Mary	(95)	11:23.90	1:29.60	6:07.7	3:48.0
96 COFFEE, Emily	FR	175	Oklahoma Baptist	96	11:24.90	1:30.60	6:08.2	3:48.3
97 COLEMAN, Riley	SO	205	Rogers State	(97)	11:25.20	1:30.90	6:08.4	3:48.4
98 NACHTIGAL, Kate	FR	189	Ouachita Baptist	98	11:25.40	1:31.10	6:08.5	3:48.5
99 BAILEY, Mary Beth	SO	1	Arkansas Tech	99	11:25.80	1:31.50	6:08.7	3:48.6
100 WASHKO, Kaylie	FR	77	Harding	100	11:25.90	1:31.60	6:08.8	3:48.6
101 MOORE, Ellen	SO	249	Univ of Mary	(101)	11:26.10	1:31.80	6:08.9	3:48.7
102 BERGMAN, Kenzie	JR	29	Central Missouri	102	11:26.30	1:32.00	6:09.0	3:48.8
103 SHOWALTER, Hannah	SR	60	Emporia St.	103	11:26.90	1:32.60	6:09.3	3:49.0
104 FROMELT, Andrea	JR	279	Winona State	104	11:27.70	1:33.40	6:09.7	3:49.2
105 TAYLOR, Sabbathath	SR	234	Southern Nazarene	105	11:27.70	1:33.40	6:09.7	3:49.2
106 HARPER, Madalyn	SR	230	Southern Nazarene	106	11:27.80	1:33.50	6:09.8	3:49.3
107 ELLENBECKER, Marissa	SO	81	Minnesota St-Mank	(107)	11:28.00	1:33.70	6:09.9	3:49.3
108 BAUMANN, Brooke	FR	126	MSU-Moorhead	108	11:28.00	1:33.70	6:09.9	3:49.3
109 CASH, Macie	SO	183	Ouachita Baptist	109	11:29.40	1:35.10	6:10.6	3:49.8
110 WINDERS, Dinah	FR	78	Harding	110	11:31.10	1:36.80	6:11.6	3:50.4
111 DONOVAN, Ashley	SR	252	Upper Iowa	111	11:31.70	1:37.40	6:11.9	3:50.6
112 ADAMS, Alexis	SO	119	Missouri Western	112	11:33.00	1:38.70	6:12.6	3:51.0
113 NAVARRO, Brooke	SR	68	Fort Hays St.	(113)	11:33.00	1:38.70	6:12.6	3:51.0
114 FREED, Greta	SO	238	St. Cloud State	114	11:34.20	1:39.90	6:13.2	3:51.4
115 BRANDEMUEHL, Rhya	FR	277	Winona State	(115)	11:34.40	1:40.10	6:13.3	3:51.5
116 DOMINGUEZ, Paulette	SO	104	Minot State	116	11:35.70	1:41.40	6:14.0	3:51.9
117 RIGGENBACH, Ashley	SO	208	Rogers State	(117)	11:35.80	1:41.50	6:14.1	3:51.9
118 KVALE, Paige	SR	123	Missouri Western	118	11:36.20	1:41.90	6:14.3	3:52.1
119 BLAUE, Cora	FR	158	NW Missouri	(119)	11:36.30	1:42.00	6:14.4	3:52.1
120 WELHOUSE, Clara	SR	243	St. Cloud State	120	11:38.00	1:43.70	6:15.3	3:52.7
121 BIEKER, Kaia	FR	72	Harding	121	11:38.30	1:44.00	6:15.4	3:52.8
122 TALABAC, Mara	FR	282	Winona State	(122)	11:39.00	1:44.70	6:15.8	3:53.0
123 HONC, Irina	SO	57	Emporia St.	123	11:39.60	1:45.30	6:16.1	3:53.2
124 BONSALE, Emma	FR	134	Nebraska-Kearney	(124)	11:39.80	1:45.50	6:16.2	3:53.3
125 HENDRIX, Mackenzie	FR	6	Arkansas Tech	(125)	11:40.00	1:45.70	6:16.3	3:53.3
126 BELGUM, Chloe	FR	28	Central Missouri	126	11:40.40	1:46.10	6:16.6	3:53.5
127 CONRAD, Erica	JR	237	St. Cloud State	127	11:40.50	1:46.20	6:16.6	3:53.5
128 KOWAL, Cambrie	SO	240	St. Cloud State	128	11:40.60	1:46.30	6:16.7	3:53.5
129 HAM, Madison	FR	49	East Central	129	11:41.10	1:46.80	6:16.9	3:53.7
130 PHILLIPS, Kylie	JR	75	Harding	(130)	11:41.20	1:46.90	6:17.0	3:53.7
131 WEBER, Eve	SO	265	Washburn	131	11:41.30	1:47.00	6:17.0	3:53.8
132 JACOBBER, Marisa	FR	263	Washburn	132	11:41.40	1:47.10	6:17.1	3:53.8
133 LARSEN, Kelsey	JR	269	Wayne State (Neb.)	133	11:45.70	1:51.40	6:19.4	3:55.2
134 CASTLE, Tori	SO	159	NW Missouri	(134)	11:45.90	1:51.60	6:19.5	3:55.3
135 HILLIARD, Madison	FR	92	Minnesota-Crooksto	135	11:46.40	1:52.10	6:19.8	3:55.5
136 AHO, Annika	JR	218	Sioux Falls	136	11:47.50	1:53.20	6:20.4	3:55.8
137 O'MEARA, Cassidy	JR	224	Sioux Falls	(137)	11:47.60	1:53.30	6:20.4	3:55.9
138 SCOTT, Grace	JR	117	Missouri Southern	(138)	11:47.90	1:53.60	6:20.6	3:56.0

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139 BUNDY, Alana	FR	109	Missouri Southern	(139)	11:47.90	1:53.60	6:20.6	3:56.0
140 PACHTA, Kylie	JR	271	Wayne State (Neb.)	140	11:47.90	1:53.60	6:20.6	3:56.0
141 ERICKSON, Alexis	SR	18	Bemidji State	141	11:48.20	1:53.90	6:20.8	3:56.1
142 WARREN, Logan	SO	227	Southern Arkansas	-	11:48.30	1:54.00	6:20.8	3:56.1
143 LYON, Catherine	SO	59	Emporia St.	142	11:48.90	1:54.60	6:21.1	3:56.3
144 PARKS, Josie	FR	74	Harding	(143)	11:49.60	1:55.30	6:21.5	3:56.5
145 SMITH, Emery	FR	108	Minot State	144	11:50.30	1:56.00	6:21.9	3:56.8
146 MIRELES, Natali	SR	53	East Central	145	11:50.40	1:56.10	6:21.9	3:56.8
147 HYLKEMA, Allison	FR	186	Ouachita Baptist	(146)	11:50.70	1:56.40	6:22.1	3:56.9
148 BREAUX, Izzi	SO	182	Ouachita Baptist	(147)	11:50.80	1:56.50	6:22.2	3:56.9
149 BOYD, Josephine	SO	219	Sioux Falls	(148)	11:51.30	1:57.00	6:22.4	3:57.1
150 PAVLIK, Jady	SO	179	Oklahoma Baptist	149	11:51.30	1:57.00	6:22.4	3:57.1
151 BOOTH, Libby	FR	3	Arkansas Tech	(150)	11:51.60	1:57.30	6:22.6	3:57.2
152 STINEMAN, Alison	JR	274	Wayne State (Neb.)	151	11:53.60	1:59.30	6:23.7	3:57.9
153 ADAMS, Rylee	JR	26	Central Missouri	152	11:54.70	2:00.40	6:24.2	3:58.2
154 SERTICH, Lauren	SO	241	St. Cloud State	(153)	11:55.10	2:00.80	6:24.5	3:58.4
155 LONGORIA, Alexis	SO	215	SE Oklahoma	154	11:55.50	2:01.20	6:24.7	3:58.5
156 KIZARR, Korie	FR	38	Central Oklahoma	155	11:56.80	2:02.50	6:25.4	3:58.9
157 STUCKEY, Lindsey	FR	275	Wayne State (Neb.)	156	11:56.80	2:02.50	6:25.4	3:58.9
158 MCCARTHY, Maggie	FR	21	Bemidji State	157	11:57.00	2:02.70	6:25.5	3:59.0
159 MURRAY, Avery	SO	156	Northern State	158	11:57.00	2:02.70	6:25.5	3:59.0
160 CUTLER, Lillian	SO	120	Missouri Western	159	11:57.50	2:03.20	6:25.8	3:59.2
161 KEARNEY, Ayden	FR	58	Emporia St.	160	11:58.30	2:04.00	6:26.2	3:59.4
162 VAUGHN, Nadia	FR	25	Bemidji State	161	12:00.50	2:06.20	6:27.4	4:00.2
163 COBLENTZ, Sarah	FR	211	SE Oklahoma	162	12:02.20	2:07.90	6:28.3	4:00.7
164 DORSHER, Grace	SO	129	MSU-Moorhead	163	12:03.10	2:08.80	6:28.8	4:01.0
165 REEVES, Nicole	FR	106	Minot State	164	12:03.90	2:09.60	6:29.2	4:01.3
166 BRIGGS, Stacy	JR	259	Washburn	165	12:05.10	2:10.80	6:29.8	4:01.7
167 NYAMBONEKA, Janet	JR	125	Missouri Western	(166)	12:05.20	2:10.90	6:29.9	4:01.7
168 FONTAINE, Lexie	FR	261	Washburn	167	12:05.30	2:11.00	6:29.9	4:01.8
169 ROBINSON, Jade	FR	180	Oklahoma Baptist	(168)	12:05.70	2:11.40	6:30.2	4:01.9
170 DENT, Kelsie	JR	260	Washburn	(169)	12:05.80	2:11.50	6:30.2	4:01.9
171 GEELAN, Lilly	SO	31	Central Missouri	170	12:07.00	2:12.70	6:30.9	4:02.3
172 MILLER, Carol	SO	22	Bemidji State	171	12:09.80	2:15.50	6:32.4	4:03.3
173 MILLS, Zoey	SO	23	Bemidji State	(172)	12:10.90	2:16.60	6:33.0	4:03.6
174 GREENWOOD, Makensi	FR	213	SE Oklahoma	173	12:12.30	2:18.00	6:33.7	4:04.1
175 THELEN, Kelsey	SO	48	Concordia-St. Paul	174	12:12.30	2:18.00	6:33.7	4:04.1
176 SADOWSKY, Sidra	SO	107	Minot State	175	12:13.10	2:18.80	6:34.1	4:04.4
177 PELCHMAN, Claire	FR	33	Central Missouri	(176)	12:14.00	2:19.70	6:34.6	4:04.7
178 SIVONEN, Avery	JR	47	Concordia-St. Paul	177	12:16.30	2:22.00	6:35.9	4:05.4
179 GRABOWSKI, Anna	SO	91	Minnesota-Crooksto	178	12:16.50	2:22.20	6:36.0	4:05.5
180 BUCKHAULTS, Noel	SO	36	Central Oklahoma	179	12:17.40	2:23.10	6:36.5	4:05.8
181 ZAVALETA, Giselle	SO	40	Central Oklahoma	180	12:19.20	2:24.90	6:37.4	4:06.4
182 BUTTE, Allie	SO	236	St. Cloud State	(181)	12:19.90	2:25.60	6:37.8	4:06.6
183 CHRISTEN, Abbie	FR	128	MSU-Moorhead	182	12:20.10	2:25.80	6:37.9	4:06.7
184 HOFFPAUIR, Avery	JR	262	Washburn	(183)	12:21.00	2:26.70	6:38.4	4:07.0

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Race #1 Women's 3K Splits

Split Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
185 ROSALES, Nayelly	FR	147	Newman	184	12:21.30	2:27.00	6:38.5	4:07.1
186 BROWN, Lucy	FR	143	Newman	185	12:21.50	2:27.20	6:38.7	4:07.2
187 DOAKES, Devyn	FR	212	SE Oklahoma	186	12:22.50	2:28.20	6:39.2	4:07.5
188 KESTERSON, Arden	SO	214	SE Oklahoma	187	12:22.60	2:28.30	6:39.2	4:07.5
189 JOHNSON, Lily	JR	20	Bemidji State	(188)	12:24.60	2:30.30	6:40.3	4:08.2
190 WILLIAMS, Caroline	JR	149	Newman	189	12:24.70	2:30.40	6:40.4	4:08.2
191 JONES, Elora	SO	231	Southern Nazarene	190	12:25.80	2:31.50	6:41.0	4:08.6
192 RUBIO, Afeni	SO	233	Southern Nazarene	191	12:29.00	2:34.70	6:42.7	4:09.7
193 WHITE, Macey	SR	258	Upper Iowa	192	12:29.50	2:35.20	6:43.0	4:09.8
194 RAMIREZ, Lucy	SO	54	East Central	193	12:32.90	2:38.60	6:44.8	4:11.0
195 SMITH, Emily	SO	174	NW Oklahoma Stat	194	12:33.00	2:38.70	6:44.8	4:11.0
196 HARMER, Makayla	FR	43	Concordia-St. Paul	195	12:36.60	2:42.30	6:46.8	4:12.2
197 SCHULTZ, Jady	JR	257	Upper Iowa	196	12:37.20	2:42.90	6:47.1	4:12.4
198 GOODNOW, Libby	SO	170	NW Oklahoma Stat	197	12:40.80	2:46.50	6:49.0	4:13.6
199 HAACK, Eden	FR	37	Central Oklahoma	198	12:45.00	2:50.70	6:51.3	4:15.0
200 BAILEY, Courtney	FR	55	Emporia St.	(199)	12:45.00	2:50.70	6:51.3	4:15.0
201 JAIMZ, Alexandria	SR	176	Oklahoma Baptist	(200)	12:47.20	2:52.90	6:52.5	4:15.7
202 JACKSON, Alli	FR	154	Northern State	201	12:48.30	2:54.00	6:53.1	4:16.1
203 MARTINES, EMISELA	SR	52	East Central	(202)	12:50.80	2:56.50	6:54.4	4:16.9
204 DAVIS, Laura	FR	144	Newman	203	12:52.30	2:58.00	6:55.2	4:17.4
205 SAJDAK, Anna	SO	46	Concordia-St. Paul	204	12:52.40	2:58.10	6:55.3	4:17.5
206 SALGADO, Ashley	JR	148	Newman	(205)	12:58.00	3:03.70	6:58.3	4:19.3
207 HOUGLUM, Tess	SO	44	Concordia-St. Paul	206	12:58.30	3:04.00	6:58.4	4:19.4
208 HEMRY, Claire	FR	121	Missouri Western	(207)	13:01.00	3:06.70	6:59.9	4:20.3
209 SOLOMON, Brooke	JR	273	Wayne State (Neb.)	208	13:03.10	3:08.80	7:01.0	4:21.0
210 SABELKA, Eryn	FR	256	Upper Iowa	209	13:06.10	3:11.80	7:02.6	4:22.0
211 PERRY, Jaid	JR	45	Concordia-St. Paul	(210)	13:07.00	3:12.70	7:03.1	4:22.3
212 BEACOM, Maelee	FR	267	Wayne State (Neb.)	(211)	13:08.40	3:14.10	7:03.9	4:22.8
213 LIGHT, Leiyah	SO	172	NW Oklahoma Stat	212	13:08.40	3:14.10	7:03.9	4:22.8
214 KELLY, Britton	FR	145	Newman	(213)	13:08.60	3:14.30	7:04.0	4:22.9
215 ELIJAH, Madison	SO	90	Minnesota-Crooksto	214	13:09.20	3:14.90	7:04.3	4:23.1
216 DOWNS, Lauryn	SR	229	Southern Nazarene	215	13:09.30	3:15.00	7:04.4	4:23.1
217 POLACEK, Faith	FR	272	Wayne State (Neb.)	(216)	13:10.30	3:16.00	7:04.9	4:23.4
218 RADER, Mackenzie	FR	255	Upper Iowa	217	13:10.50	3:16.20	7:05.0	4:23.5
219 PEARSE, Naomi	FR	232	Southern Nazarene	(218)	13:10.80	3:16.50	7:05.2	4:23.6
220 SANDOVAL, Savannah	FR	217	SE Oklahoma	(219)	13:14.10	3:19.80	7:06.9	4:24.7
221 OKOPAL, Monica	SO	105	Minot State	220	13:14.80	3:20.50	7:07.3	4:24.9
222 FLORES, Emily	FR	169	NW Oklahoma Stat	221	13:15.20	3:20.90	7:07.5	4:25.1
223 HAMANN, Kenzie	SO	152	Northern State	(222)	13:16.00	3:21.70	7:08.0	4:25.3
224 COLE, Olivia	FR	42	Concordia-St. Paul	(223)	13:27.70	3:33.40	7:14.2	4:29.2
225 MARTIN, Jade	SR	253	Upper Iowa	(224)	13:44.90	3:50.60	7:23.5	4:35.0
226 STILLMAN, Alyssa	SR	94	Minnesota-Crooksto	225	13:59.60	4:05.30	7:31.4	4:39.9
227 HOEME, Addie	FR	171	NW Oklahoma Stat	226	13:59.80	4:05.50	7:31.5	4:39.9
228 BENSON, Brooke	SR	88	Minnesota-Crooksto	227	14:00.00	4:05.70	7:31.6	4:40.0
229 CHRISTEN, Alex	SO	89	Minnesota-Crooksto	(228)	14:17.70	4:23.40	7:41.1	4:45.9
230 SMITH, Kylee	FR	39	Central Oklahoma	229	14:19.60	4:25.30	7:42.2	4:46.5

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Race #1
Women's 3K Splits

Split Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
231 ORTH, Katie	SR	93	Minnesota-Crooksto	(230)	14:32.80	4:38.50	7:49.2	4:50.9
232 ABBET, Sara	SR	228	Southern Nazarene	(231)	14:41.20	4:46.90	7:53.8	4:53.7
233 PARUSZEWSKI, Mallory	FR	173	NW Oklahoma Stat	(232)	14:48.80	4:54.50	7:57.8	4:56.3

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Race #2
Men's 5K Splits

Split Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Spread
1 Missouri Southern	75	2-3-10-16-44(65)(85)	0:27.6
2 Nebraska-Kearney	76	1-5-9-19-42(55)(59)	0:27.4
3 Augustana (S.D.)	84	7-11-13-21-32(69)(87)	0:18.0
4 Pittsburg State	148	6-8-12-33-89(90)(94)	0:52.5
5 Central Missouri	201	14-18-31-38-100(110)(112)	0:54.3
6 East Central	216	4-17-34-70-91(151)(181)	0:54.6
7 Sioux Falls	223	27-39-49-52-56(75)(115)	0:19.6
8 Washburn	237	24-36-50-63-64(126)(153)	0:24.1
9 NW Missouri	275	23-41-51-79-81(137)(163)	0:41.5
10 Fort Hays St.	280	25-40-53-57-105(106)(107)	0:50.9
11 Harding	308	28-29-43-99-109(111)(170)	0:45.7
12 Univ of Mary	311	30-37-58-67-119(120)	0:55.1
13 Missouri Western	316	45-46-47-82-96(127)(154)	0:28.3
14 Emporia St.	337	35-72-73-74-83(102)	0:29.1
15 Minnesota St-Mankato	345	15-60-78-95-97(117)(139)	0:52.1
16 Minnesota-Duluth	374	61-62-71-76-104(155)(157)	0:27.0
17 Minot State	408	26-54-80-108-140(172)(174)	1:12.4
18 Rogers State	501	77-84-101-116-123(130)(135)	0:31.7
19 Oklahoma Baptist	521	22-118-121-124-136(162)(182)	1:15.3
20 Northern State	587	20-48-158-177-184(188)(194)	2:14.1
21 Ouachita Baptist	588	88-93-122-142-143(164)(166)	0:31.9
22 MSU-Moorhead	600	68-129-131-134-138(171)	0:46.0
23 Concordia-St. Paul	613	92-98-113-141-169(183)(196)	0:50.0
24 Winona State	630	86-125-128-144-147(148)(159)	0:34.2
25 Wayne State (Neb.)	657	66-103-156-165-167(178)(186)	1:08.5
26 Newman	670	114-132-133-145-146(176)(180)	0:21.6
27 NW Oklahoma State	805	149-150-152-175-179(199)(205)	0:35.6
28 Minnesota-Crookston	876	160-161-173-189-193(203)	1:11.9
29 Upper Iowa	943	168-190-192-195-198(200)	1:15.2
30 Southern Nazarene	961	185-187-191-197-201(202)(204)	0:52.5

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 BACH, Myles	SO	408	Nebraska-Kearney	1	14:47.80	---	4:45.5	2:57.6
2 KIMUTAI, Gidieon	JR	382	Missouri Southern	2	14:48.00	.20	4:45.5	2:57.6
3 RIDDLE, Ryan	SR	384	Missouri Southern	3	14:48.10	.30	4:45.6	2:57.6
4 PKIACH, Amos	SO	316	East Central	4	14:48.10	.30	4:45.6	2:57.6
5 STUCKEY, Luke	SR	414	Nebraska-Kearney	5	14:48.50	.70	4:45.7	2:57.7
6 CONTRERAS, Diego	SR	464	Pittsburg State	6	14:48.90	1.10	4:45.8	2:57.8

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Race #2 Men's 5K Splits

Split Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
7 STEIGER, Matt	SR	292	Augustana (S.D.)	7	14:48.90	1.10	4:45.8	2:57.8
8 OGLESBY, Matthew	JR	470	Pittsburg State	8	14:49.20	1.40	4:45.9	2:57.8
9 ARENS, Ben	JR	407	Nebraska-Kearney	9	14:49.60	1.80	4:46.0	2:57.9
10 RUTLEDGE, JP	SO	385	Missouri Southern	10	14:51.80	4.00	4:46.8	2:58.4
11 BRAND, Colten	SO	284	Augustana (S.D.)	11	14:52.20	4.40	4:46.9	2:58.4
12 ZANER, Braden	SO	473	Pittsburg State	12	14:52.30	4.50	4:46.9	2:58.5
13 HARTMAN, Ryan	SO	287	Augustana (S.D.)	13	14:52.50	4.70	4:47.0	2:58.5
14 MITEI, Brian	FR	299	Central Missouri	14	14:52.70	4.90	4:47.0	2:58.5
15 MAIER, Tanner	JR	350	Minnesota St-Mank	15	14:52.80	5.00	4:47.1	2:58.6
16 SIMPSON, Riley	SO	386	Missouri Southern	16	14:52.90	5.10	4:47.1	2:58.6
17 KIPTOO, Oliver	SO	313	East Central	17	14:53.10	5.30	4:47.2	2:58.6
18 KORIR, Paul	FR	297	Central Missouri	18	14:53.20	5.40	4:47.2	2:58.6
19 VROOMAN, Justin	SR	415	Nebraska-Kearney	19	14:54.10	6.30	4:47.5	2:58.8
20 HARRISON, Jackson	SR	429	Northern State	20	14:55.10	7.30	4:47.8	2:59.0
21 KAAS, Jesse	SR	288	Augustana (S.D.)	21	14:55.50	7.70	4:47.9	2:59.1
22 WHEELER, Maxamillian	JR	453	Oklahoma Baptist	22	14:55.80	8.00	4:48.0	2:59.2
23 ATKINS, Andrew	FR	432	NW Missouri	23	14:56.20	8.40	4:48.2	2:59.2
24 KIBET, David	JR	519	Washburn	24	14:58.40	10.60	4:48.9	2:59.7
25 BRADLEY, Grant	SO	330	Fort Hays St.	25	14:58.40	10.60	4:48.9	2:59.7
26 JENSEN, Jacob	JR	376	Minot State	26	15:00.10	12.30	4:49.4	3:00.0
27 ECKER, David	SR	482	Sioux Falls	27	15:01.70	13.90	4:49.9	3:00.3
28 WALLING, Luke	SO	346	Harding	28	15:04.20	16.40	4:50.7	3:00.8
29 HAILEAB, Noah	FR	340	Harding	29	15:05.20	17.40	4:51.1	3:01.0
30 STROM, Dawson	JR	505	Univ of Mary	30	15:06.00	18.20	4:51.3	3:01.2
31 PALMER, Cooper	SO	301	Central Missouri	31	15:06.30	18.50	4:51.4	3:01.3
32 KLITZKE, Henry	SR	289	Augustana (S.D.)	32	15:06.90	19.10	4:51.6	3:01.4
33 KAHNK, Ben	SR	466	Pittsburg State	33	15:07.40	19.60	4:51.8	3:01.5
34 IYALI, Michael	SO	311	East Central	34	15:08.40	20.60	4:52.1	3:01.7
35 DIAZ, Jaime	SO	321	Emporia St.	35	15:09.10	21.30	4:52.3	3:01.8
36 MCLAIN, Collen	SO	520	Washburn	36	15:09.40	21.60	4:52.4	3:01.9
37 WHITE, Robert	SO	506	Univ of Mary	37	15:09.80	22.00	4:52.5	3:02.0
38 O'BARR, Bryan	SO	300	Central Missouri	38	15:12.00	24.20	4:53.2	3:02.4
39 VOIGT, Aaron	SR	490	Sioux Falls	39	15:14.50	26.70	4:54.1	3:02.9
40 FISHER, Ethan	FR	335	Fort Hays St.	40	15:14.60	26.80	4:54.1	3:02.9
41 NORRIS, Jake	SR	438	NW Missouri	41	15:14.80	27.00	4:54.1	3:03.0
42 SCHOENHOFER, Brett	SO	413	Nebraska-Kearney	42	15:15.20	27.40	4:54.3	3:03.0
43 REED, Zach	JR	345	Harding	43	15:15.40	27.60	4:54.3	3:03.1
44 COLE, Kaden	FR	379	Missouri Southern	44	15:15.60	27.80	4:54.4	3:03.1
45 GORHAM, Riley	SR	391	Missouri Western	45	15:16.50	28.70	4:54.7	3:03.3
46 CUDDY, Peter	JR	390	Missouri Western	46	15:17.50	29.70	4:55.0	3:03.5
47 ZACHARY, Joshua	SO	397	Missouri Western	47	15:17.90	30.10	4:55.1	3:03.6
48 MARTIN, Josh	FR	431	Northern State	48	15:18.30	30.50	4:55.3	3:03.7
49 SHUMWAY, Micade	SO	489	Sioux Falls	49	15:18.40	30.60	4:55.3	3:03.7
50 GRAY, Nathan	SO	517	Washburn	50	15:18.60	30.80	4:55.4	3:03.7
51 GOETSCHKE, Austin	SO	435	NW Missouri	51	15:18.60	30.80	4:55.4	3:03.7
52 MORRISON, Ben	SO	486	Sioux Falls	52	15:18.90	31.10	4:55.5	3:03.8

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Split Results

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
53 PFIZENMAIER, Jaret	SO	338	Fort Hays St.	53	15:20.20	32.40	4:55.9	3:04.0
54 HOLIDAY, Trent	SO	374	Minot State	54	15:20.50	32.70	4:56.0	3:04.1
55 DAVIS, Payton	SO	410	Nebraska-Kearney	(55)	15:21.10	33.30	4:56.2	3:04.2
56 HANNA, Jakob	SR	483	Sioux Falls	56	15:21.30	33.50	4:56.2	3:04.3
57 DEBOEST, Lucorien	SO	333	Fort Hays St.	57	15:21.40	33.60	4:56.3	3:04.3
58 FREGOSO, Guillermo	SO	501	Univ of Mary	58	15:21.60	33.80	4:56.3	3:04.3
59 LUEDERS, Sam	SO	412	Nebraska-Kearney	(59)	15:21.80	34.00	4:56.4	3:04.4
60 SCHMIED, Ben	SR	353	Minnesota St-Mank	60	15:21.80	34.00	4:56.4	3:04.4
61 SELMAN, Lucas	JR	368	Minnesota-Duluth	61	15:21.90	34.10	4:56.4	3:04.4
62 VANKEMPEN, Jack	SO	369	Minnesota-Duluth	62	15:22.20	34.40	4:56.5	3:04.4
63 CHINYA, Gabriel	JR	516	Washburn	63	15:22.40	34.60	4:56.6	3:04.5
64 ROEHL, Tommy	FR	521	Washburn	64	15:22.50	34.70	4:56.6	3:04.5
65 DEATON, Jaden	FR	380	Missouri Southern	(65)	15:22.60	34.80	4:56.7	3:04.5
66 MUNDORF, Brandon	JR	527	Wayne State (Neb.)	66	15:23.90	36.10	4:57.1	3:04.8
67 YOKOM, Caleb	SO	507	Univ of Mary	67	15:24.30	36.50	4:57.2	3:04.9
68 BRUER, Braxton	JR	399	MSU-Moorhead	68	15:25.80	38.00	4:57.7	3:05.2
69 GUNDERSEN, Erik	FR	285	Augustana (S.D.)	(69)	15:26.50	38.70	4:57.9	3:05.3
70 WILES, Drew	SR	318	East Central	70	15:27.50	39.70	4:58.2	3:05.5
71 DICKENSON, Owen	SO	364	Minnesota-Duluth	71	15:29.40	41.60	4:58.8	3:05.9
72 SWIFT, Tyler	SO	329	Emporia St.	72	15:30.70	42.90	4:59.3	3:06.1
73 JONES, Henry	FR	324	Emporia St.	73	15:30.80	43.00	4:59.3	3:06.2
74 ACHILLES, Cody	SO	320	Emporia St.	74	15:30.90	43.10	4:59.3	3:06.2
75 RIVERA, Caleb	SO	488	Sioux Falls	(75)	15:31.00	43.20	4:59.4	3:06.2
76 ANTONY, Austin	SO	363	Minnesota-Duluth	76	15:32.20	44.40	4:59.7	3:06.4
77 OHEIM, Julius	SO	478	Rogers State	77	15:33.20	45.40	5:00.1	3:06.6
78 URE, Ray	SO	355	Minnesota St-Mank	78	15:34.00	46.20	5:00.3	3:06.8
79 RAMSDELL, Trevor	SR	439	NW Missouri	79	15:35.80	48.00	5:00.9	3:07.2
80 MERILLANA, Nicholas	SR	378	Minot State	80	15:37.50	49.70	5:01.4	3:07.5
81 WITT, Riley	FR	440	NW Missouri	81	15:37.70	49.90	5:01.5	3:07.5
82 CRIGGER, Kayden	SO	389	Missouri Western	82	15:37.90	50.10	5:01.6	3:07.6
83 MOEN, Asher	SO	328	Emporia St.	83	15:38.20	50.40	5:01.7	3:07.6
84 FERON, Blake	FR	475	Rogers State	84	15:38.40	50.60	5:01.7	3:07.7
85 SORRELL, Kelton	FR	387	Missouri Southern	(85)	15:38.50	50.70	5:01.8	3:07.7
86 METCALF, Andrew	SO	536	Winona State	86	15:40.10	52.30	5:02.3	3:08.0
87 LARSON, Nick	SO	290	Augustana (S.D.)	(87)	15:40.70	52.90	5:02.5	3:08.1
88 LAWRENCE, Whit	SO	459	Ouachita Baptist	88	15:41.30	53.50	5:02.7	3:08.3
89 KAUFMANN, Bryce	JR	467	Pittsburg State	89	15:41.40	53.60	5:02.7	3:08.3
90 KNEISLER, CJ	FR	468	Pittsburg State	(90)	15:41.60	53.80	5:02.8	3:08.3
91 PALOMO, GILBERTO	SR	315	East Central	91	15:42.70	54.90	5:03.1	3:08.5
92 KRUMMEL, Matthew	SO	308	Concordia-St. Paul	92	15:43.10	55.30	5:03.2	3:08.6
93 SWINDLE, Cade	SO	462	Ouachita Baptist	93	15:43.70	55.90	5:03.4	3:08.7
94 LABRUE, Craig	SO	469	Pittsburg State	(94)	15:43.90	56.10	5:03.5	3:08.8
95 SCHMANSKI, Nikolai	SO	352	Minnesota St-Mank	95	15:44.10	56.30	5:03.6	3:08.8
96 ORSCHELN, Mason	FR	393	Missouri Western	96	15:44.80	57.00	5:03.8	3:09.0
97 BOHM, Adam	SO	348	Minnesota St-Mank	97	15:44.90	57.10	5:03.8	3:09.0
98 ERICKSON, Owen	SO	304	Concordia-St. Paul	98	15:45.00	57.20	5:03.9	3:09.0

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Race #2 Men's 5K Splits

Split Results

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
99 PERRY, Nathan	FR	343	Harding	99	15:46.60	58.80	5:04.4	3:09.3
100 JUAREZ, Delfino	SO	296	Central Missouri	100	15:47.00	59.20	5:04.5	3:09.4
101 RAGAN, Eric	SO	479	Rogers State	101	15:47.90	1:00.10	5:04.8	3:09.6
102 GLEASON, Luke	SO	323	Emporia St.	(102)	15:47.90	1:00.10	5:04.8	3:09.6
103 KIPTOO, Titus	JR	524	Wayne State (Neb.)	103	15:48.20	1:00.40	5:04.9	3:09.6
104 KRAUS, Robert	SR	491	Southern Arkansas	-	15:48.60	1:00.80	5:05.0	3:09.7
105 JACOBSON, Nick	SO	365	Minnesota-Duluth	104	15:48.90	1:01.10	5:05.1	3:09.8
106 MEDINA, Trever	JR	337	Fort Hays St.	105	15:49.30	1:01.50	5:05.2	3:09.9
107 CONTRERAS, Javyn	JR	332	Fort Hays St.	(106)	15:49.40	1:01.60	5:05.3	3:09.9
108 CISNEROS, Lucas	FR	331	Fort Hays St.	(107)	15:49.40	1:01.60	5:05.3	3:09.9
109 HARDCASTLE, Charles	FR	373	Minot State	108	15:49.60	1:01.80	5:05.3	3:09.9
110 INGALSBY, Matt	JR	341	Harding	109	15:49.90	1:02.10	5:05.4	3:10.0
111 GLASTETTER, Justin	SO	295	Central Missouri	(110)	15:50.00	1:02.20	5:05.5	3:10.0
112 PRUIM, Jackson	JR	344	Harding	(111)	15:50.30	1:02.50	5:05.6	3:10.1
113 MAHER, Brady	SO	298	Central Missouri	(112)	15:50.60	1:02.80	5:05.7	3:10.1
114 HELSER, Matthew	SO	307	Concordia-St. Paul	113	15:51.30	1:03.50	5:05.9	3:10.3
115 BROWN, Asher	SO	417	Newman	114	15:52.40	1:04.60	5:06.2	3:10.5
116 OLOFSON, Miles	SO	487	Sioux Falls	(115)	15:52.80	1:05.00	5:06.4	3:10.6
117 GOSS, Caden	SO	476	Rogers State	116	15:56.00	1:08.20	5:07.4	3:11.2
118 BENNETT, Jacob	SO	347	Minnesota St-Mank	(117)	15:56.90	1:09.10	5:07.7	3:11.4
119 KARDOKUS, Carson	SO	451	Oklahoma Baptist	118	15:59.20	1:11.40	5:08.4	3:11.8
120 HANSEN, Caleb	FR	502	Univ of Mary	119	16:01.10	1:13.30	5:09.0	3:12.2
121 JONES, Owen	SO	503	Univ of Mary	(120)	16:02.10	1:14.30	5:09.4	3:12.4
122 ABLES, Parker	SR	448	Oklahoma Baptist	121	16:03.20	1:15.40	5:09.7	3:12.6
123 BECHO, Jaalen	SO	456	Ouachita Baptist	122	16:04.20	1:16.40	5:10.0	3:12.8
124 HART, Hunter	JR	477	Rogers State	123	16:04.90	1:17.10	5:10.3	3:13.0
125 FANTONI, Samuel	SO	450	Oklahoma Baptist	124	16:05.40	1:17.60	5:10.4	3:13.1
126 JOHNSTONE, Mitchell	FR	534	Winona State	125	16:06.70	1:18.90	5:10.8	3:13.3
127 STEINLICHT, Sam	SO	522	Washburn	(126)	16:06.80	1:19.00	5:10.9	3:13.4
128 OYLER, Jacob	SR	394	Missouri Western	(127)	16:07.00	1:19.20	5:10.9	3:13.4
129 BUERKLE, Mitchell	SO	532	Winona State	128	16:07.10	1:19.30	5:11.0	3:13.4
130 BRAULT, Joel	FR	398	MSU-Moorhead	129	16:08.50	1:20.70	5:11.4	3:13.7
131 WILSON, Kory	JR	481	Rogers State	(130)	16:08.70	1:20.90	5:11.5	3:13.7
132 O'FARRELL, Colin	FR	405	MSU-Moorhead	131	16:08.70	1:20.90	5:11.5	3:13.7
133 CHEMALMAL, Kevin	JR	418	Newman	132	16:09.40	1:21.60	5:11.7	3:13.9
134 LIMO, Linus	SO	422	Newman	133	16:09.50	1:21.70	5:11.7	3:13.9
135 DORADO, James	FR	400	MSU-Moorhead	134	16:10.30	1:22.50	5:12.0	3:14.1
136 BERSDORFER, Jon	SO	474	Rogers State	(135)	16:11.00	1:23.20	5:12.2	3:14.2
137 WILLIAMS, James	FR	454	Oklahoma Baptist	136	16:11.10	1:23.30	5:12.3	3:14.2
138 GOECKEL, Matt	JR	434	NW Missouri	(137)	16:11.70	1:23.90	5:12.4	3:14.3
139 STUEVEN, Adnew	SO	406	MSU-Moorhead	138	16:11.80	1:24.00	5:12.5	3:14.4
140 SPEIKERS, Caden	SO	354	Minnesota St-Mank	(139)	16:11.90	1:24.10	5:12.5	3:14.4
141 BONILLA, Grayson	SO	371	Minot State	140	16:12.50	1:24.70	5:12.7	3:14.5
142 FALTESEK, Emmett	SO	305	Concordia-St. Paul	141	16:12.60	1:24.80	5:12.7	3:14.5
143 SANDERS, Lawson	SO	461	Ouachita Baptist	142	16:12.90	1:25.10	5:12.8	3:14.6
144 ARMITAGE, Evan	FR	455	Ouachita Baptist	143	16:13.20	1:25.40	5:12.9	3:14.6

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
145 HALLAWAY, Connor	FR	533	Winona State	144	16:13.50	1:25.70	5:13.0	3:14.7
146 HOCK, Austin	FR	420	Newman	145	16:13.70	1:25.90	5:13.1	3:14.7
147 FULLERTON, Austin	SO	419	Newman	146	16:14.00	1:26.20	5:13.2	3:14.8
148 TAYLOR, Wyatt	SR	538	Winona State	147	16:14.30	1:26.50	5:13.3	3:14.9
149 OMTVEDT, Brady	SR	537	Winona State	(148)	16:14.60	1:26.80	5:13.4	3:14.9
150 COX, Zachary	SO	441	NW Oklahoma Stat	149	16:15.20	1:27.40	5:13.6	3:15.0
151 SOTO, Davin	JR	447	NW Oklahoma Stat	150	16:17.50	1:29.70	5:14.3	3:15.5
152 STEPHENSON, Maverick	SO	317	East Central	(151)	16:17.80	1:30.00	5:14.4	3:15.6
153 MORFIN, Benjamin	SO	445	NW Oklahoma Stat	152	16:20.70	1:32.90	5:15.3	3:16.1
154 KAMP, Paul	FR	518	Washburn	(153)	16:21.00	1:33.20	5:15.4	3:16.2
155 USMAN, Berhe	FR	396	Missouri Western	(154)	16:21.40	1:33.60	5:15.6	3:16.3
156 YOUNBERG, Finn	SO	370	Minnesota-Duluth	(155)	16:21.90	1:34.10	5:15.7	3:16.4
157 SCHROEDER, Abe	JR	530	Wayne State (Neb.)	156	16:23.00	1:35.20	5:16.1	3:16.6
158 MARTEL, Isaac	FR	367	Minnesota-Duluth	(157)	16:24.50	1:36.70	5:16.6	3:16.9
159 BURKHALTER, Jonathan	SO	425	Northern State	158	16:25.60	1:37.80	5:16.9	3:17.1
160 MERRELL, Tyler	SO	535	Winona State	(159)	16:25.90	1:38.10	5:17.0	3:17.2
161 MORNEAULT, Tristan	SO	359	Minnesota-Crooksto	160	16:26.00	1:38.20	5:17.0	3:17.2
162 UBER, Colton	SO	361	Minnesota-Crooksto	161	16:26.20	1:38.40	5:17.1	3:17.2
163 COPE, Blake	SR	449	Oklahoma Baptist	(162)	16:26.60	1:38.80	5:17.2	3:17.3
164 CAMPBELL, Ryan	FR	433	NW Missouri	(163)	16:27.70	1:39.90	5:17.6	3:17.5
165 POINTER, Keagan	SO	460	Ouachita Baptist	(164)	16:28.20	1:40.40	5:17.7	3:17.6
166 DREYER, Quentin	FR	523	Wayne State (Neb.)	165	16:30.10	1:42.30	5:18.4	3:18.0
167 DEW, Dylan	FR	457	Ouachita Baptist	(166)	16:31.50	1:43.70	5:18.8	3:18.3
168 MITZEL, Brandon	SO	526	Wayne State (Neb.)	167	16:32.40	1:44.60	5:19.1	3:18.5
169 GORANSON, Nathan	JR	513	Upper Iowa	168	16:32.70	1:44.90	5:19.2	3:18.5
170 BLISCHKE, Ethan	FR	303	Concordia-St. Paul	169	16:33.10	1:45.30	5:19.3	3:18.6
171 OAKES, Kyle	FR	342	Harding	(170)	16:35.50	1:47.70	5:20.1	3:19.1
172 HAYES, Connor	SR	403	MSU-Moorhead	(171)	16:38.30	1:50.50	5:21.0	3:19.7
173 JASMIN, Camden	SO	375	Minot State	(172)	16:38.80	1:51.00	5:21.2	3:19.8
174 THOENNES, Connor	FR	360	Minnesota-Crooksto	173	16:39.50	1:51.70	5:21.4	3:19.9
175 GUTIERREZ, Juan	SR	372	Minot State	(174)	16:41.10	1:53.30	5:21.9	3:20.2
176 IBRAHIM, Salat	SO	443	NW Oklahoma Stat	175	16:42.90	1:55.10	5:22.5	3:20.6
177 SEVART, Paul	FR	423	Newman	(176)	16:47.20	1:59.40	5:23.9	3:21.4
178 HALBE, Evan	FR	428	Northern State	177	16:47.90	2:00.10	5:24.1	3:21.6
179 MCGONIGAL, Will	SR	525	Wayne State (Neb.)	(178)	16:49.60	2:01.80	5:24.6	3:21.9
180 SMITH, Jeremy	FR	446	NW Oklahoma Stat	179	16:50.80	2:03.00	5:25.0	3:22.2
181 KEMBOI, Ezekiel	JR	421	Newman	(180)	16:51.30	2:03.50	5:25.2	3:22.3
182 NORTON, MATTHEW	FR	314	East Central	(181)	16:59.50	2:11.70	5:27.8	3:23.9
183 MCINTIRE, Corey	SO	452	Oklahoma Baptist	(182)	17:00.70	2:12.90	5:28.2	3:24.1
184 ANDREWS, Travis	SO	302	Concordia-St. Paul	(183)	17:01.40	2:13.60	5:28.4	3:24.3
185 ANGERHOFER, Jacob	FR	424	Northern State	184	17:09.20	2:21.40	5:30.9	3:25.8
186 RAMIREZ, William	SO	497	Southern Nazarene	185	17:09.40	2:21.60	5:31.0	3:25.9
187 PEITZ, Gabe	JR	528	Wayne State (Neb.)	(186)	17:09.60	2:21.80	5:31.1	3:25.9
188 SOLIZ, Roberto	FR	498	Southern Nazarene	187	17:17.90	2:30.10	5:33.7	3:27.6
189 CHASE, Jalen	SO	426	Northern State	(188)	17:22.10	2:34.30	5:35.1	3:28.4
190 GRAY, Chandler	FR	358	Minnesota-Crooksto	189	17:25.70	2:37.90	5:36.2	3:29.1

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191 BAKER, Dalton	SR	510	Upper Iowa	190	17:28.80	2:41.00	5:37.2	3:29.8
192 GAMAS, David	SO	492	Southern Nazarene	191	17:35.60	2:47.80	5:39.4	3:31.1
193 ADAM, Chance	FR	508	Upper Iowa	192	17:36.30	2:48.50	5:39.6	3:31.3
194 FELDEWERD, Chris	SO	357	Minnesota-Crooksto	193	17:37.90	2:50.10	5:40.2	3:31.6
195 CHASE, Ricardo	SO	427	Northern State	(194)	17:38.60	2:50.80	5:40.4	3:31.7
196 SNIDER, David	SR	515	Upper Iowa	195	17:39.00	2:51.20	5:40.5	3:31.8
197 FRIGSTAD, James	SO	306	Concordia-St. Paul	(196)	17:43.10	2:55.30	5:41.8	3:32.6
198 HAYNES, Joel	SO	494	Southern Nazarene	197	17:44.20	2:56.40	5:42.2	3:32.8
199 BAKER, Bryce	JR	509	Upper Iowa	198	17:47.90	3:00.10	5:43.4	3:33.6
200 HIDALGO, Draven	SO	442	NW Oklahoma Stat	(199)	17:52.20	3:04.40	5:44.8	3:34.4
201 EVANS, Nolan	FR	512	Upper Iowa	(200)	17:57.80	3:10.00	5:46.6	3:35.6
202 HUMPHREY, Jacob	SO	495	Southern Nazarene	201	18:01.90	3:14.10	5:47.9	3:36.4
203 GREEN, Dennis	JR	493	Southern Nazarene	(202)	18:05.00	3:17.20	5:48.9	3:37.0
204 DAHLGREN, Warden	SO	356	Minnesota-Crooksto	(203)	18:06.30	3:18.50	5:49.3	3:37.3
205 ZACHARY, Woods	SO	499	Southern Nazarene	(204)	18:11.90	3:24.10	5:51.1	3:38.4
206 JOHNSON, Willem	FR	444	NW Oklahoma Stat	(205)	19:01.70	4:13.90	6:07.1	3:48.3