

2024 HRC Summer Slam Triathlon

Race Date
July 20, 2024

Overall Results

Triathlon											Female				
<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Swim</u>		<u>T 1</u>	<u>Bike</u>			<u>T 2</u>	<u>Run</u>		<u>Total</u>		
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	Nicole Iman	6	1:F Champ	4	9:01.0	36:04	1:01.8	1	38:05.0	3:10	0:49.9	3	25:47.0	8:19	1:14:45.0
2	Susan Dumler	11	1:F Masters	6	10:46.2	43:05	2:01.1	2	39:55.6	3:20	1:12.0	1	21:33.2	6:57	1:15:28.2
3	Nora Lazerus	2	1:F 20-29	1	7:05.5	28:22	1:29.1	3	41:31.2	3:28	1:04.8	5	28:28.1	9:11	1:19:39.0
4	Molly Owen	10	1:F 15-19	3	8:58.8	35:56	1:02.9	7	48:04.4	4:00	0:19.2	2	23:37.8	7:37	1:22:03.3
5	Jane Rorstrom	7	1:F 60-69	2	8:31.3	34:05	1:26.5	4	43:10.9	3:36	1:01.9	6	31:25.9	10:08	1:25:36.7
6	Rose Helens-Hart	50	1:F 30-39	5	10:15.9	41:04	1:42.2	5	45:52.0	3:49	0:53.8	4	27:50.2	8:59	1:26:34.4
7	Stephanie Dinges	12	2:F 30-39	8	11:51.6	47:27	3:03.9	6	47:30.8	3:58	1:24.5	7	31:38.8	10:13	1:35:29.8
8	Kaci Kirmer	49	3:F 30-39	7	11:04.2	44:17	2:22.2	9	52:54.1	4:25	0:30.9	8	34:38.7	11:11	1:41:30.2
9	Chloe Rossignol	23	2:F 20-29	9	14:35.3	58:22	3:34.3	8	52:28.1	4:22	0:30.3	9	34:51.1	11:15	1:45:59.4

Triathlon											Male				
<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Swim</u>		<u>T 1</u>	<u>Bike</u>			<u>T 2</u>	<u>Run</u>		<u>Total</u>		
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	Sean Rodger	8	1:M Champ	1	7:47.2	31:09	0:38.8	1	33:27.0	2:47	0:42.6	3	21:56.1	7:05	1:04:31.9
2	Nathan Hackos	5	1:M Masters	8	9:47.7	39:11	1:47.1	2	34:28.8	2:52	0:54.6	1	20:52.0	6:44	1:07:50.3
3	Jon Becker	3	1:M 40-49	4	8:38.7	34:35	1:06.7	5	35:18.3	2:57	0:30.3	8	25:12.0	8:08	1:10:46.1
4	Nolan Schmeidler	17	1:M 30-39	16	11:30.7	46:03	0:50.3	6	37:04.0	3:05	0:36.6	2	20:55.6	6:45	1:10:57.4
5	Bob Sanderson	15	1:M 70-79	9	10:05.4	40:22	1:04.3	3	34:32.6	2:53	0:55.3	6	24:30.0	7:54	1:11:07.7
6	Ryder Eakin	13	2:M 30-39	3	8:35.1	34:21	1:22.6	7	38:01.6	3:10	0:29.5	5	23:37.9	7:37	1:12:06.9
7	Trey DeGarmo	9	1:M 20-29	2	7:49.2	31:17	1:01.8	9	41:47.3	3:29	0:29.8	4	22:29.5	7:15	1:13:37.9
8	Jonathan Iman	14	3:M 30-39	14	11:21.8	45:27	1:49.2	4	35:18.2	2:57	1:12.1	9	25:45.3	8:19	1:15:26.9
9	Patrick Weber	18	1:M 60-69	11	10:12.0	40:48	0:41.1	8	39:28.4	3:17	0:55.0	10	27:08.9	8:45	1:18:25.5
10	Cade Scott	1	4:M 30-39	10	10:07.7	40:31	1:47.6	12	47:09.5	3:56	0:26.8	7	24:42.5	7:58	1:24:14.3
11	Micah Dunn	4	5:M 30-39	5	9:15.9	37:04	1:21.9	10	45:29.6	3:47	0:53.5	11	27:57.8	9:01	1:24:58.9
12	Weston Scherrer	48	1:M 15-19	6	9:21.6	37:26	2:42.3	16	52:08.4	4:21	0:52.9	12	28:14.8	9:07	1:33:20.1
13	Cole Cherryholmes	25	6:M 30-39	13	10:47.4	43:10	4:39.1	13	49:21.1	4:07	1:47.7	14	29:56.0	9:39	1:36:31.5
14	Will Wylie	22	2:M 40-49	12	10:47.0	43:08	3:59.6	15	51:32.9	4:18	1:24.0	15	32:46.1	10:34	1:40:29.8
15	Jace Linenberger	16	2:M 20-29	7	9:34.9	38:20	1:52.6	18	58:17.6	4:51	1:09.8	13	29:51.1	9:38	1:40:46.2
16	Brent Williams	21	3:M 40-49	17	13:03.4	52:14	4:28.9	11	45:50.6	3:49	2:31.2	17	35:58.5	11:36	1:41:52.7
17	Oscar Runyon	47	4:M 40-49	15	11:30.5	46:02	3:47.6	17	52:28.4	4:22	1:30.7	16	34:14.1	11:03	1:43:31.5
18	John Pierce	20	2:M 70-79	18	13:21.2	53:25	3:19.2	14	51:14.3	4:16	1:54.5	18	46:04.2	14:52	1:55:53.5

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Overall Results

Kids Triathlon

Female

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Swim</u>		<u>T 1</u>			<u>Bike</u>			<u>T 2</u>			<u>Run</u>		<u>Total</u>
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>	
1	Lillian Iman	31	1:F Female	1	3:26.0	28:37	1:24.0	1	16:42.8	2:47	0:30.2	1	10:54.4	7:16	32:57.5		
2	Emma Iman	33	2:F Female	2	4:14.6	35:22	2:53.5	2	20:54.3	3:29	1:07.0	2	12:39.7	8:26	41:49.3		
3	Valerie Iman	32	3:F Female	3	4:55.2	41:01	2:32.4	3	22:41.2	3:47		3	21:50.7	14:34	43:23.8		

Kids Triathlon

Male

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Swim</u>		<u>T 1</u>			<u>Bike</u>			<u>T 2</u>			<u>Run</u>		<u>Total</u>
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>	
1	Carson Crough	29	1:M Male 99	1	3:10.2	26:25	1:04.3	1	14:26.9	2:24	0:17.4	1	7:30.8	5:01	26:29.8		
2	Colt Crough	30	2:M Male 99	2	3:51.9	32:13	0:53.9	4	15:51.9	2:39	0:15.6	4	9:10.8	6:07	30:04.3		
3	Allison Kitchen	34	3:M Male 99	3	4:12.4	35:04	2:14.9	3	14:56.7	2:29	0:17.7	2	8:26.9	5:38	30:08.8		
4	Lincoln Brown	26	4:M Male 99	6	5:04.1	42:15	2:44.4	2	14:38.8	2:26	0:27.1	3	8:35.4	5:44	31:30.0		
5	Briggs Chartiwr	27	5:M Male 99	5	4:54.4	40:54	2:52.2	5	17:59.2	3:00	0:55.2	5	9:20.9	6:14	36:02.0		
6	Graham Scott	35	6:M Male 99	4	4:41.8	39:08	2:15.1	7	21:49.2	3:38	0:50.9	6	11:23.6	7:36	41:00.8		
7	Walker Cherryholmes	28	7:M Male 99	7	6:33.7	54:41	6:22.6	6	19:31.1	3:15	1:22.7	7	12:26.3	8:18	46:16.7		

2024 HRC Summer Slam Triathlon

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Overall Results

Team Tri

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Swim</u>			<u>T 1</u>	<u>Bike</u>			<u>T 2</u>	<u>Run</u>		<u>Total</u>	
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	Team Nixon	51	1:F Mixed	5	11:37.0	46:28	0:48.9	2	46:17.0	3:51	0:21.7	1	24:11.9	7:48	1:23:16.6
2	Barely Tri-Ing	42	2:M Mixed	2	10:37.4	42:30	1:38.1	1	42:47.9	3:34	0:30.8	4	33:30.9	10:49	1:29:05.3
3	Trihard On Purpose	46	3:F Mixed	1	10:30.9	42:04	2:13.5	4	56:16.2	4:41		2	30:36.9	9:53	1:39:37.6
4	Delzeits	43	4:M Mixed	3	11:25.1	45:41	3:39.3	5	59:08.0	4:56	0:52.6	3	30:44.9	9:55	1:45:50.1
5	Team Landrie	45	5:M Mixed	6	13:33.1	54:12	0:59.7	3	56:12.9	4:41		6	40:34.4	13:05	1:51:20.3
6	Rbr	44	6:M Mixed	4	11:27.7	45:51	1:13.0	6	1:07:02.6	5:35	0:28.3	5	35:09.6	11:21	1:55:21.4

Kids Team Tri

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Swim</u>			<u>T 1</u>	<u>Bike</u>			<u>T 2</u>	<u>Run</u>		<u>Total</u>	
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	The Swifties	40	1:F Mixed	2	3:14.7	27:03	0:56.5	1	16:29.2	2:45	0:28.6	1	7:33.9	5:03	28:43.1
2	The Triwizards	41	2:M Mixed	1	3:07.2	26:00	0:44.7	2	21:29.4	3:35	0:23.7	2	9:47.2	6:31	35:32.3