

Race Date
September 12, 2026

2026 Free Spirit 5K and 10K
Overall Finish List

5k						Female	
<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Sarah Dreher	Hays KS	415	F	1: 1-99	23:35.5	4:43/K
2	Sarah Patterson	Hays KS	414	F	2: 1-99	24:31.8	4:54/K
3	Haley Blochlinger	Hays	399	F	3: 1-99	25:29.3	5:06/K
4	Briella Rubio	Hays	396	F	4: 1-99	25:34.7	5:07/K
5	Amy Richecky	Hays	359	F	5: 1-99	28:05.7	5:37/K
6	Riley Tinder	Shawnee	362	F	6: 1-99	28:08.6	5:38/K
7	Paige Lamatsch	Odin	417	F	7: 1-99	29:41.6	5:56/K
8	Carly Lamatsch	Odin	416	F	8: 1-99	29:41.7	5:56/K
9	Michelle Bland	Hays KS	391	F	9: 1-99	29:49.1	5:58/K
10	Rachelle Huss	Wakeeney	363	F	10: 1-99	29:56.2	5:59/K
11	Mandi Garrett	Hays KS	375	F	11: 1-99	35:13.2	7:03/K
12	Tara Marshall	Hays KS	364	F	12: 1-99	49:11.5	9:50/K
13	Sarah Kiguta	Hays	373	F	13: 1-99	51:07.0	10:13/K
14	Sally Klausmeyer	Hays	422	F	14: 1-99	54:20.9	10:52/K
15	Aubrey Woolf	Hays KS	419	F	15: 1-99	54:55.1	10:59/K
16	Cathy Spicer	Hays KS	360	F	16: 1-99	56:28.0	11:18/K
17	Karyl Ferguson	Hays	397	F	17: 1-99	56:28.0	11:18/K

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1	Brian Tinder	Basehor	358	M	1: 1-99	19:56.4	3:59/K
2	Judah Bloom		428	M	2: 1-99	21:21.8	4:16/K
3	Rhen Galla	Odin	418	M	3: 1-99	26:02.7	5:13/K
4	Ethan Gabel	Hays KS	426	M	4: 1-99	26:40.0	5:20/K
5	Devin Rohweder	Hays KS	388	M	5: 1-99	26:48.0	5:22/K
6	Adam Fisher	Hays	366	M	6: 1-99	30:26.8	6:05/K
7	Lucas Obholz	Hays	390	M	7: 1-99	31:49.9	6:22/K
8	Nikolas Wolf		427	M	8: 1-99	35:02.0	7:00/K
9	Justin Garrett	Hays	376	M	9: 1-99	35:13.8	7:03/K
10	Megan Rohweder	Hays	387	M	10: 1-99	44:23.0	8:53/K
11	Michael Jund	Manhattan KS	420	M	11: 1-99	49:00.1	9:48/K
12	Jeff Marshall	Hays	365	M	12: 1-99	49:11.4	9:50/K

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1	Laura Hertel	Hays	374	F	1: 1-99	33:44.0	3:22/K
2	Abby Kennemer	Hays	369	F	2: 1-99	46:10.7	4:37/K
3	Amber Miller	Leoti KS	398	F	3: 1-99	59:20.3	5:56/K

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1	Andrew Howard	Hays	411	M	1: 1-99	38:17.0	3:50/K
2	Garrett Bland	Hays KS	392	M	2: 1-99	38:39.6	3:52/K